Vancouver metro
WEEKEND, MAY 27-29, 2016

WALK WITH

ronsons®

One Location
2 Days
Only

WAREHOUSE SHOE SALE

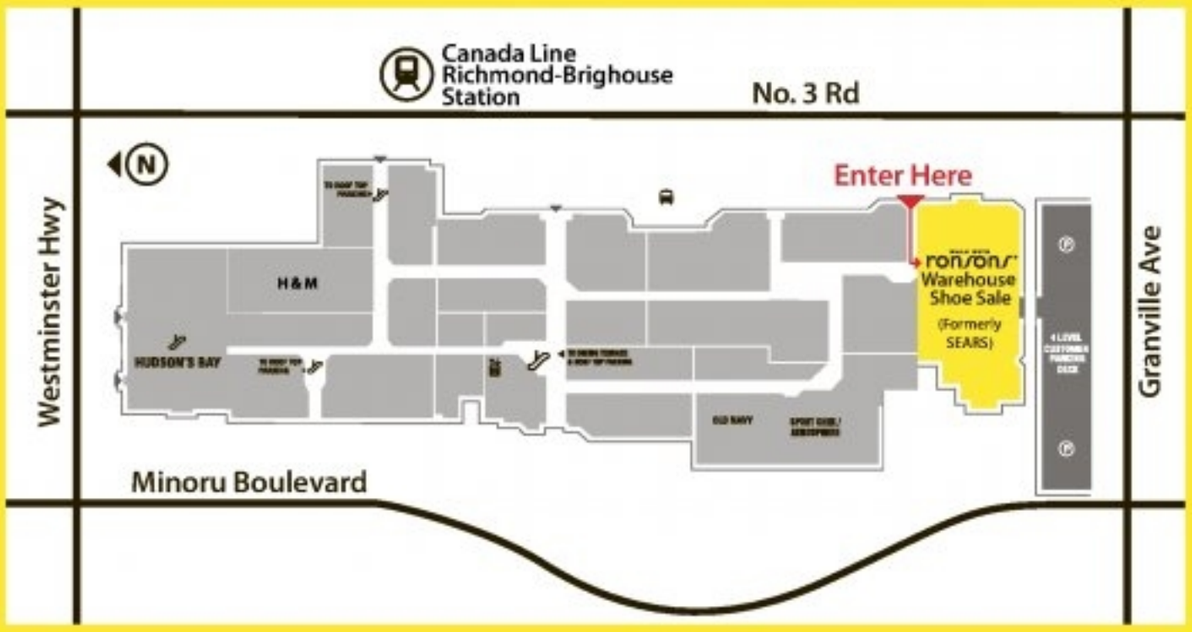
THE LEGEND CONTINUES

Over 20,000 Pairs

of Womens & Mens Footwear

ONE Price **$39.99**

Reg up to $160



One Location
2 Days Only:

At former Sears store
Richmond Centre

SAT MAY 28TH 9:30am-7pm

SUN MAY 29TH 11:00am-6pm

APOCALYPSE IS COMING
PLUS: A WHO'S WHO IN THE NEW X-MEN
metroWEEKEND

SLEEPING TREES *and* NANOBALLS
Science Says

Vancouver metro

Diplomacy, Vickers-style
metroNEWS

Your essential daily news | WEEKEND, MAY 27-29, 2016 High 15°C/Low 0°C Cloudy

ALL GAIN, ALL PAIN
Fitness fans sweating it over ClassPass fee hike
VANCOUVERING

Less than three months after joining ClassPass, Sarah Hickey was shocked to learn her membership price would be increased by 50 per cent. JENNIFER GAUTHIER/METRO

Mayors worry about B.C. support for transit plan

TRANSLINK

Province has never committed to funding one-third of project: Minister

Matt Kieltyka
Metro | Vancouver

Mind the gap.

A year after the region voted down a proposed sales tax to pay for a massive 10-year, $7.5 billion transit plan, there remains a huge gulf between the British Columbia government and the Metro Vancouver mayors about even the most basic details, like whether or not B.C. has actually committed to funding its third of the plan.

Despite public assurances in the past, TransLink Minister Peter Fassbender dropped a bombshell on the mayors Thursday while making a funding announcement at Sapperton SkyTrain station, a stone's throw from the transit authority's head office where the Mayors' Council on Regional Transportation was meeting.

The $246 million over three years B.C. is committing to public transit in the region over the next three years includes $130 million in new funding for parts of the mayors' transit plan it had never committed to before, such as paying for replacement trains and new buses.

The provincial government has never committed to paying one-third for the entire plan, Fassbender insisted.

"What our clear indication was before was we were able to fund one-third of the two major projects, namely Broadway (subway in Vancouver) and (light rail) south of the Fraser in Surrey," Fassbender said, to the surprise of many. "It was only for the two major projects. I am absolutely sure that our commitment was on the Broadway corridor and south of the Fraser."

Provincial TransLink critic David Eby said he was "astounded" by the remark.

"We actually went backwards in terms of the province's commitment," the New Democratic Party MLA said. "He shows up here today and says he's committing to something that he committed to months ago and that his government actually committed to during the referendum process."

HONDA

bchonda.com

Flying into top gear.

Howe Sound, Sarah Austin

FIND YOUR H PLACE.

2016 **CIVIC LX**

LEASE FOR $57* @ 2.99%‡ APR* $0 DOWN PAYMENT‡

Weekly on a 60 month term with 260 payments.
MSRP $20,650** includes freight and PDI.

Civic LX is loaded with features like:

- Apple CarPlay™ & Android Auto™£¥
- Multi-angle rearview camera£ with dynamic guidelines
- HandsFreeLink™-bilingual Bluetooth® wireless mobile interface£¥
- Heated front seats

2016 **CR-V** LX

LEASE FOR $72* @ 1.99%‡ APR* $0 DOWN PAYMENT‡

Weekly on a 60 month term with 260 payments.
MSRP $28,015** includes freight and PDI.

2016 **FIT** DX

LEASE FOR $44* @ 2.99%‡ APR* $0 DOWN PAYMENT‡

Weekly on a 60 month term with 260 payments.
MSRP $16,385** includes freight and PDI.

Honda CHECKERED FLAG EVENT

Deals this good will be gone fast.
Visit your nearest BC Honda Dealer today.

*Limited time weekly lease offer and all other offers are from Honda Canada Finance Inc., on approved credit. #The weekly lease offer applies to a new 2016 Civic 4D LX 6MT FC2E5GE/CR-V LX 2WD RM3H3GE1/FIT DX 6MT GK5G3GE for a 60-month period, for a total of 260 payments of $86.96/$71.96/$43.96 leased at 2.99%/1.99%/2.99% APR based on applying $294.80/$338.80/$448.80 "lease dollars" (which are deducted from the negotiated selling price after taxes). ‡Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $14,909.60/$18,709.60/$11,429.60. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. **MSRP is $20,650/$28,015/$16,385 including freight and PDI of $1,595/$1,725/$1,595. License, insurance, registration and taxes are extra and may be required at the time of purchase. ¥/**Prices and/or payments shown do not include a PPSA lien registration fee of $30.31 and lien registering agent's fee of $5.25, tire/battery tax of $25, or air conditioning charge (where applicable) of $100, all of which are due at time of delivery. Additional charges for waste disposal fees, environmental fees and handling charges (all of which may vary by dealer and/or vehicle) may apply. Offers valid from May 3rd through 31st, 2016 at participating Honda retailers. Dealer may sell/lease for less. Dealer trade may be necessary on certain vehicles. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details. £None of the features we describe are intended to replace the driver's responsibility to exercise due care while driving. Drivers should not use handheld devices or operate certain vehicle features unless it is safe and legal to do so. Some features have technological limitations. For additional feature information, limitations and restrictions, please visit www.honda.ca/disclaimers and refer to the vehicle's Owner's Manual. ¥Only compatible with certain devices and operating systems. Cellular data and/or voice charges may apply, including roaming charges and/or other amounts charged by your wireless carrier. Apple CarPlay™ and Siri are trademarks of Apple Inc. For Apple CarPlay™ data use and privacy policy, see Terms and Privacy policy for Apple CarPlay™ or contact Apple Inc. at www.apple.com.

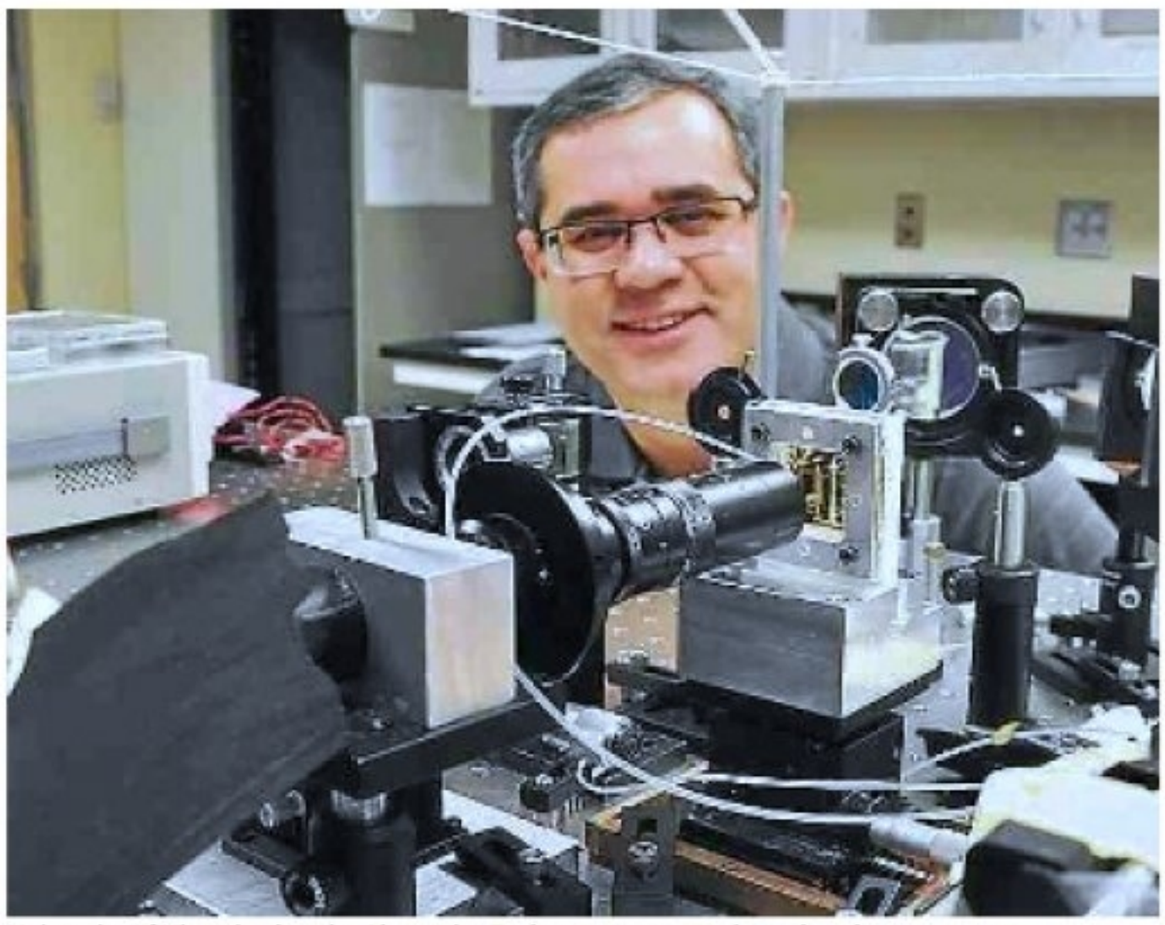
metro NEWS
Your essential daily news
Bringing back essential services to an evacuated community. Canada

Chemist receives $50K in funding to battle Zika virus

UNIVERSITY OF VICTORIA

B.C. researcher developing low cost tools for health workers

Thandi Fletcher
Metro | Vancouver



University of Victoria chemist Alexandre Brolo wants to contain outbreaks. CONTRIBUTED

As a child growing up in Brazil, Alexandre Brolo remembers seeing dengue fever outbreaks in his home country.

Every year, he said authorities would struggle to control the mosquito-borne illness, which can cause high fever, rash, and debilitating muscle and joint pain — even severe bleeding and death in severe cases.

"Now Zika came along, which is spread in a similar way," Brolo told Metro. "It's just amazing that the authorities keep doing the same thing each year but the problem is still there."

Now a chemist at the University of Victoria, Brolo has received $50,000 in funding from Grand Challenges Canada, a federally funded body that supports public health innovations, to develop two new tools aimed at helping in the fight against the Zika virus.

One of the tools is a low-cost plastic strip coated with nanoparticles that change colours when it comes into contact with infected saliva. Connected to a smartphone, the device uploads the time and geographical location of the infected person to a database, he said.

Brolo said he chose to create a saliva screening-tool rather than blood, because blood samples require more technical expertise and can be hazardous.

> The surveillance in real time is what government officials need to contain the outbreak.
> Dr. Alexandre Brolo

The saliva tool can be used in the field by workers with minimal training and can upload information in real time, which he said is key to containing outbreaks.

"That's the kind of information that's important for people who are at the frontlines," he said.

"The surveillance in real time is what government officials need to contain the outbreak."

Brolo and his colleagues are also developing an app that uses a smartphone camera to detect the presence of mosquito larvae in stagnant water, while also recording the time and location of the photo.

With that information, he said governments can use insecticides to kill mosquitoes in that area before an outbreak begins.

Brolo said he's hopeful that as tests progress, more funding will be available to scale up both projects and implement them on a larger scale.

The Zika virus, which spreads mainly through the bite of a tropical mosquito called Aedes aegypti, causes only a mild and brief illness in most people.

But in the last year, infections in pregnant women, mostly in Brazil, have been strongly linked to fetal deaths and to potentially severe birth defects, like microcephaly.

WITH FILES FROM THE CANADIAN PRESS

A member of the National Health Foundation fumigates against the Aedes aegypti mosquito, vector of the Zika viruses, in Gama, Brazil. EVARISTA SA/AFP/GETTY IMAGES

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better.
metronews.ca/panel

Laser Tattoo Removal

•Full &/or partial removal of tattoos of different shades & colours
•Experienced laser technicians & medical grade lasers
•Free consultations
First Treatment 50% OFF
604-255-2737
www.ElectraLaserHairRemoval.com
ELECTRA LASER
HAIR REMOVAL & SKIN REJUVENATION EXPERTS
L12 - 955 Hornby St, Vancouver

FRIDAY, JUNE 10TH
BlueShore FINANCIAL
LONGEST DAY RACE 2016
5K & 10K
GREAT RACE! GREAT PARTY! GREAT CAUSES!
Scenic UBC Course - Great Prizes · Awesome BBQ
Kid's Zone · Cool Race Shirt · Adults' on-site Pub
kid'S mile 6:45PM | 5K/10 · 7:05PM
Proceeds to JRDF funded research into Type 1 Diabetes and Elementary Track and Field Programs
COME FOR THE RUN, STAY FOR THE PARTY!
Running Room
GRANVILLE ISLAND BREWING
COMMIT TO FIT
BlueShore FINANCIAL

Fewer provincial exams ahead

EDUCATION

More in-class assessment in B.C. next year

High school students in British Columbia will be required to write two provincial exams instead of five before they graduate as part of a new curriculum, which teachers are giving only a passing grade.

Education Minister Mike Bernier said math and literacy will be the only skills to be formally tested starting in the next school year. Teachers will assess Grade 10 science and language arts and Grade 11 social studies in the classroom instead of through provincial exams.

"Teachers know their students best and can choose a method to evaluate them that takes into account their strengths and their challenges rather than having a provincial exam where every student is being graded on the same level," Bernier said Tuesday in a teleconference.

However, New Democrat education critic Rob Fleming said he's concerned teachers may not have enough time to assess every student when there aren't enough learning assistants in classrooms. "I think without the government addressing the underfunding of K-to-12 education that's impossible. We've got fewer and fewer individual learning supports for kids and the situation's getting worse."

The B.C. Teachers Federation agreed, saying while it's generally supportive of the new curriculum, teachers need more time and resources to implement it.

"If the government wants this top-to-bottom shift of the curriculum to work, they need to come up with some new funding," federation president Jim Iker said.

THE CANADIAN PRESS

Math and literacy will be the only skills to be formally tested starting next school year. JONATHAN HAYWARD/THE CANADIAN PRESS

BUSINESS

Crude output at new high after discovery

In Premier Christy Clark's vision of British Columbia's economic future, natural gas is the headliner as the province gears up to export billions of tonnes of liquefied natural gas from proposed West Coast projects.

But the premier may have to make room on the bill for another fossil fuel — thanks mainly to a Calgary-based company drilling in the northeastern part of the province, B.C.'s daily crude oil production is at a nine-year high and expected to steadily increase.

Oil analysts at Raymond James in Calgary say B.C. is becoming an emerging oil basin thanks to wells drilled by Calgary oil-and-gas producer ARC Resources in the Tower region, about 40 kilometres south of Fort St. John.

Other companies that own land nearby, including Crew Energy and Tourmaline Oil, are expected to join the rush.

"Now that ARC is getting some pretty phenomenal results, watch for them to build out the infrastructure," said analyst Jeremy McCrae, explaining pipeline takeaway capacity is a limiting factor for growth.

"And what you may see is some other operators start to drill and do more test wells themselves, get some comfort in the area, then they will build their infrastructure."

> Now that ARC is getting some pretty phenomenal (oil) results, watch for them to build out the infrastructure.
> **Analyst Jeremy McCrae**

McCrae added that given current oil prices, the boom won't be as pronounced as some that other oil basins have experienced.

"But if oil prices start to come back here, especially given some of the results, watch for this play to have more growth than other areas."

Crude prices closed at almost US$50 a barrel on Wednesday, its highest level since October.

THE CANADIAN PRESS

IN BRIEF

More charges in Fort McMurray fraud probe

A second Victoria resident has been charged in a fraud investigation involving phoney Fort McMurray wildfire evacuees.

RCMP said earlier this month that a B.C. couple had been pretending to be evacuees in order to get help in Claresholm, Alta., where residents had offered them places to stay, clothes and meals.

Thirty-nine-year-old Jaime Lynn Cox faces five counts of fraud.

Darryl Rondeau, 45, was charged with one count of fraud earlier this month and has since pleaded guilty.

THE CANADIAN PRESS

Former Mountie facing drug trafficking charges

A former RCMP officer in Kamloops has been charged with cocaine trafficking while she was still on the force.

Randi Love, 40, who was the Kamloops detachment's media relations officer in 2008, has been charged with drug trafficking on three separate occasions in June of last year.

Mounties said police became aware of allegations involving Love last July and she was suspended from duty on Aug. 7. Love, who resigned from the force last October, is due to appear in court on June 16. THE CANADIAN PRESS

TRY IT **FIRST**

Sample the best of beauty for free

BOOK YOUR CONSULTATION NOW

FRIDAY, MAY 27 & SATURDAY, MAY 28

REWARDS
2,000
BONUS HUDSON'S BAY REWARDS POINTS

Receive a makeup bag and personalized product samples during your beauty consultation with any cosmetics or fragrance purchase.

Receive a complimentary tote bag when you spend $100 or more before taxes on beauty. PLUS, get 2,000 Bonus Hudson's Bay Rewards points, redeemable for a $10 Hudson's Bay Gift Card, applicable on your next purchase.

Rewards points offer valid in store only on May 27 and 28, 2016, and cannot be combined with any other bonus offer. If you return the purchase(s) made in connection with the bonus points offer, your points will be reduced by the bonus points amount. Offer only available at Hudson's Bay. Terms and conditions of the Hudson's Bay Rewards Program available in store or at hbc.com/rewards apply to this offer. Hudson's Bay, Hudson's Bay Rewards, hbc.com and their associated designs are trademarks of Hudson's Bay Company.

While quantities last. Samples vary by store and may not be exactly as shown.

HUDSON'S BAY

SHOP THEBAY.COM

Military sex assault must end: Minister

MISCONDUCT

Forces members who speak out will be protected

David Ball
Metro | Vancouver

Canada's Minister of National Defence has vowed that, under his watch, the armed forces will finally "stomp" out sexual assault and misconduct in its ranks.

Harjit Sajjan made the remarks in during a visit to his Vancouver South riding on Wednesday, after Metro asked him about an increase in sexual misconduct investigations in the forces he oversees.

"We encourage any member who has been impacted in any way, whether discrimination or sexual assault, to come forward," he told Metro in an interview. "We're taking this extremely seriously. We need to root this out."

He also vowed that "whoever comes forward ... will be protected and their complaints taken extremely seriously."

National Defence minister Harjit Sajjan during a visit to his riding, Vancouver South, on Wednesday. DAVID P. BALL/METRO

Last year, the Forces conducted 135 sexual assault and misconduct investigations, a one-third increase from 2014, according to CBC News.

But the military's independent watchdog told Metro the number is likely higher because his own office has investigated sexual assault complaints that weren't included it the count. And despite the Forces' top brass touting a year-old sexual misconduct response team, it only brought forward 17 of the investigations.

Gary Walbourne, the National Defence and Canadian Armed Forces Ombudsman, said his office's "restricted" authority has prevented him from adequately addressing the exact type of problem for which his watchdog role was created in 1998, amidst widespread public outrage over military abuses in Somalia.

"With the full authorities that should have been given to the Ombudsman's office at that point in time, we would have found ourselves working our way out of this problem," he told Metro in a phone interview, "and not being in the thick of it as we are today."

Last April, an investigation by retired Supreme Court of Canada judge Marie Deschamps concluded the armed forces had a "hostile sexualized environment" in which "reports of sexual violence highlighted the use of sex to enforce power relationships and to punish and ostracize a member of a unit."

Walbourne said that scathing report led to "some resistance" among some in the Forces.

"I don't know if people are engaging as openly or as quickly as they should," he alleged. "I don't know if we've gotten to the bottom of it ... We're not quite sure how deep this goes."

> **It goes right to the perception of the Canadian Armed Forces.**
> Gary Walbourne

But the ongoing problem risks damaging the entire "perception" of the Canadian Armed Forces, he argued.

"We have to demonstrate to the public and to all interested stakeholders that we're doing all that we can to ensure this type of behaviour is not appropriate, it's not condoned, and it's not allowed to continue," Walbourne said. "I've been in or around this environment now for 18 years, and I can tell you we're talking about a fine group of people who do good work for this country."

135

The number of Canadian Forces investigations conducted into allegations of sexual assault and misconduct in 2015. Of those, 17 went forward with charges.

INCLUDES DATA FOR JUST $35/mo!

UNLIMITED
TALK+TEXT+DATA

$35/MO

Includes Unlimited:

Province-Wide Talk, North American Text,
Data (2GB full speed allotment),
Voicemail + MORE!

mobilicity.ca

Taxes are extra. All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones and are subject to fair use policies. Premium and special numbers are excluded. 'U.S.' or 'North American' features such as long distance and text refers to calls or texts made within any Mobilicity Unlimited Zones to Canada and continental U.S. Additional terms and conditions apply. Subject to change without notice. Mobilicity, My Wallet & Now That's Smart are trademarks of Mobilicity © 2016 Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobilicity
Now that's smart™

Mobilicity Stores

Delta
8673 120th St, Unit B
Richmond
Aberdeen Centre
President's Plaza
Surrey
Central City
Shopping Centre
Payal Business Centre
7238 137 St, Unit 105
Vancouver
1641 Commercial Dr, Unit 105
International Village Mall
Tinseltown
Burnaby
Crystal Mall
New Westminster
Westminster Centre

Authorized Dealers

Burnaby
Mobo Electronics:
Madison Centre,
1899 Rosser Ave
Cellular Baby:
Metropolis at Metrotown
New Westminster
MVP Electronics:
807 Carnarvon St.
All Price Computers:
Unit 247, 6th St.
Port Moody
iBay Communications:
2929 St. John St, Unit 2
Vancouver
Leading Age Computer & Electronics:
3399 Kingsway
Kingdom Photo:
3263 West Broadway
My Convenience Store:
450 West Hastings St.
Green Cartridge:
740 East Broadway
Ink City:
2294 East Hastings St.
Mobile Republic:
665 Robson St
1238 Robson St
Surrey
Freedom Wireless:
7028,120th St Unit 210
Surrey Wireless:
9536 120th St
Ariana Wireless:
10729 King George Blvd.
Wise Electronics:
7945 132nd St, Unit 104
Langley
H.S Mobile World & Electronic Services:
20477 Fraser Hwy
Coquitlam
Mobile Republic:
Coquitlam Centre

HUDSON'S BAY

THIS WEEKEND

IN STORE ONLY FRIDAY, MAY 27 TO SUNDAY, MAY 29, 2016

SUMMER SCRATCH & SAVE

EVERY CARD SAVES

1-IN-10 CHANCES TO SCRATCH THE HIGHEST DISCOUNT ON ALMOST ANYTHING IN STORE

Select items. See below for details.

OR

CLICK & SAVE UP TO 50% AT THE BAY.COM

PLUS FREE SHIPPING ON ORDERS OF $99 OR MORE

Visit thebay.com for details.

Savings are off our regular prices, unless otherwise specified and exclude clearance offers, online offers and New Fall Arrivals. **SCRATCH & SAVE OFFERS: VALID FRIDAY, MAY 27 TO SUNDAY, MAY 29, 2016.** Patch savings must be scratched in front of an associate and surrendered at time of purchase. **ONE CARD PER TRANSACTION.** Discount levels are as follows: **15%–25% PATCH:** 15%, 20% and 25%; **25%–50% PATCH:** 25%, 40% and 50%; **40%–60% PATCH:** 40%, 50% and 60%; **50%–70% PATCH:** 50%, 60% and 70%. **FOR EACH 15%–25%, 25%–50%, 40%–60% AND 50%–70% PATCH:** Highest discount has a 1 in 10 probability. Second highest discount has a 1 in 10 probability. Third highest discount has a 8 in 10 probability. **EXCLUDES:** One Day Sale offers, clearance offers, online purchases, cosmetics, fragrances, Hudson's Bay Outlet, Hudson's Bay Company Trading Post (Airport locations), The Room, Topshop, Topman, West End Shop/Boutique Le President, Hudson's Bay Furs, Red Mittens, Red Mitten Pin Set, $10 Red Sunglasses, CPF Flip Flops and women's outerwear in our outerwear department. Other exclusions apply. See store for complete list. Offer cannot be combined with any other offer/coupon(s). No price adjustments on purchases made prior to May 27, 2016.

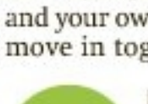
VANCOUVERING

with icons by **Danielle Vallée** from the noun project

The one-stop welcome shop

Massive refugee centre set to open as agencies brace for second wave of Syrian newcomers

CAFÉ POLITICS **MASSIVE MOVE-IN**



David Ball
Metro | Vancouver

Just four days before Vancouver Welcome House opens its doors Monday, a stream of cargo trucks were still moving five agencies under the same roof, as construction workers put the finishing touches on the long-awaited refugee facility.

Immigrant Services Society of B.C., the organization behind the 58,000-square-foot, six-storey project, is planning a public grand opening around June 20, World Refugee Day.

After attempting to get such a one-stop-shop refugee centre three times over the last 20 years, the opening comes as a major relief for ISSBC's director of settlement services.

"To have this day finally arrive is pretty extraordinary," Chris Friesen told Metro in a phone interview. "It's both daunting and exhilarating.

"It's one thing to move a house — it's another thing to have four other organizations and your own two main offices move in together. It provides a whole bunch of untapped synergy by moving in under one roof."

Welcome House's completion couldn't come soon enough for Friesen, nor for the other groups shacking up with ISSBC at 2610 Victoria Dr., including Inland Refugee Society, Settlement Orientation Services, Vancouver Association for Survivors of Torture, and Mount Pleasant Family Place's Circle of Care and Connection Early Childhood Development Refugee program.

With housing in short supply, many of the 1,600 Syrians who arrived in the city spent months in hotels while the 138-bed Welcome House remained under construction.

"The timing wasn't particularly good," Friesen admitted. "It was understandably chaotic."

Proving there's no rest for the weary, though, he's already bracing for what he called "Phase 2" of government-sponsored refugees fleeing Syria's civil war, expected in the fall — the second batch of 25,000 asylum-seekers committed to by the federal Liberals.

"It kicks off in full steam from September until the end of December," he said, with 1,300 government-sponsored Syrians expected in B.C. and 458 from elsewhere. And, as before, Surrey will receive the largest proportion of the new arrivals.

"The initial crisis of 'Oh my god, they're here!' has settled down," Tahzeem Kassam, chief operating officer of Surrey's DIVERSEcity Community Resources Society, told Metro. "Now we're actually delivering programs as we normally do, and day-by-day we keep plugging away."

She said last winter's sudden flood of arrivals presented different challenges from the usual "show trickle" of families her agency normally serves. But now many are settled, other challenges have emerged.

"As the days go on, we're finding there's more and more folks with significantly more barriers, needing much more intensive supporting services," she said. "Some have complex mental health and trauma issues, physical disabilities, mental disabilities — and not just one or two people, but whole families with multiple challenges."

In response, her organization and MOSAIC are offering counseling and art therapy as part of a mental health support initiative funded by the United Way, which said in a statement is "critically important" to help cope with "the kinds of horrors that Syrian refugees, who now call Canada home, may have experienced escaping from one of the worst humanitarian crises in the world."

As Kassam and Friesen prepare for the second wave of arrivals, both said that effort will be easier thanks to the Refugee Response Team the province announced in March to help them coordinate their work.

"For the first wave, we were trying to find our path," Kassam said. "Now we're already ahead of the gate from last time.

"We already know what it will be like and how we could do it better. We feel a little more prepared — we've already done it now once."

Immigrant Services Society of B.C. is planning a public grand opening of its six-storey Vancouver Welcome House around June 20, World Refugee Day. JENNIFER GAUTHIER/FOR METRO

> **It's one thing to move a house — it's another thing to have four other organizations and your own two main offices move in together.** Chris Friesen, Immigrant Settlement Services of B.C.

VANCOUVER TRENDING **JAPANESE INDIGO ART HITS VANCOUVER**

Amy Logan
For Metro | Vancouver

Shibori, the ancient Japanese technique of manual resist dyeing, is finding a foothold in Vancouver, with a multitude of classes and workshops springing up.

From clothing to home decor, the delicacy and unique designs of this indigo-based art form make it popular with artists, designers, and craftspeople.

Local clothing designer Adella Zeller learned the process, which involves folding, twisting and binding to embellish textiles, in a class at Kwantlen, and has since run into a lot of people interested in shibori who are eager to collaborate.

The trend may have its roots in Vancouver's strong DIY culture. "West coasters are earthy. Even when we're citified, we're a bit hippy," Zeller said. For her, the "science, art and experimenting" keep it interesting. Drawn to the unpredictability of the natural dye and the organic process, she pointed out that "you're not really sure what magic will happen."

Designer and educator Heather Young of The Craft Lab will be offering a six-hour shibori and indigo workshop on July 9. Students will learn all the stages of the process from mixing the dye to creating shibori pieces. She will also show samples of the various shibori techniques, and students will dye a canvas bag.

There's also the Indigo Project at the Means of Production Garden, where artists and gardeners Catherine Shapiro and Gloria Tsui hold a dyeing workshop that involves shibori techniques.

Finally, there's Indigo Social, is a roving, social, project-based workshop organized by Sophena Kwon of Maiwa Handprints, a key source for indigo dye in Vancouver.

Vancouver is discovering the ancient Japanese dyeing art of shibori. HEATHER YOUNG

THINK BIG. LIVE LOCAL

Sarah Hickey was shocked to learn the cost of her ClassPass membership will increase by 50 per cent. JENNIFER GAUTHIER/FOR METRO

'Unlimited' fitness plan pushed beyond limits

HEALTHY OBSESSION

CLASSPASS PRICE HIKE

Thandi Fletcher
Metro | Vancouver

When Sarah Hickey first signed up for ClassPass, she thought the concept seemed too good to be true.

In February, the Vancouver communications professional tried a $19 two-week trial of the popular fitness-subscription service and then signed up for an unlimited membership, even writing a blog post about her love of the service.

"I thought it was a great program, as someone who gets bored pretty easily going to the gym," Hickey, 31, told Metro.

ClassPass, which grants members access to a host of boutique fitness studios for a single monthly fee, is soaring in popularity. Loyal members rave about their ability to try a diverse range of classes — from spin to yoga, barre, Cross Fit, Krav Maga and even float.

But, earlier this month, ClassPass sent an email to customers to inform them that it was forced to increase its $99 membership fee as a result of increasing drop-in studio rates. In Vancouver, new members would be paying $145 a month for an unlimited membership.

Hickey, who had been paying a promotional monthly rate of $89, will now be billed $135.

"That is not a little increase," Hickey says. "The cost of living here in Vancouver is already so high that you really have to think, is it worth investing that extra money?"

She's not alone in feeling that way. Hordes of customers have taken to Twitter, threatening to cancel their memberships.

A ClassPass spokesperson was not immediately available for comment Thursday.

But in a recent interview with Forbes, company CEO and co-founder Payal Kadaki said the increase is an unexpected side effect of the company's success.

According to the company, ClassPass users have booked more than 18 million reservations in the company's 8,000-plus affiliate studios worldwide since launching in 2013.

Kadaki says those numbers have rendered ClassPass' business model unsustainable.

In order to remain affordable, Kadaki says, the company decided to add less expensive options: $55 a month for five monthly classes and $95 a month for 10.

While Hickey says she still plans on sticking with ClassPass for now, she is downgrading her membership to the 10-per-month option and adding runs and bike rides on the seawall as a no-cost substitute for the lost classes.

After all, Hickey says, she had a feeling that the unlimited membership wouldn't last for long.

"I knew it was too good to be true," she says.

FOOD NOTES

MINDFUL MEALS

Nourish's new digs

Erin Ireland
Metro | Vancouver

For the past year and a half, Nourish has filled a void for Downtown Vancouver's health-conscious lunchers.

You no longer have to be a downtowner to enjoy Nourish's energetic and 100 per cent organic fare. Husband and wife team Dan Cheung and Abbey Pires have launched a café and cooking school serving the Point Grey and Kitsilano communities from a bright space on 10th Avenue.

Nourish's soba noodle salad. ERIN IRELAND/METRO

"We feel like all communities could use a space like this. In time we hope to build future cafés in this model in other communities as well," Dan said.

Classes are set to launch in June and will include instruction in contemporary plant-based Italian, Middle Eastern and Chinese menus, as well as some highly specialized sessions focused on macarons, fermentation and pickling.

As for the café, Dan and Abbey's new menu resembles their original, listing six salads, three soups and stews and two sandwiches (chickpea salad and grilled veggie).

On more than one occasion, while swooning over their food, I've been known to declare, "This salad is my favourite in the city!" Though not enormous, they're hearty and often include filling ingredients like buckwheat noodles, quinoa, chickpeas and squash. Try the soba noodle salad ($12.50) with a too-good-not-to-drink tamari-ginger dressing — it's built with local spinach and radish sprouts from Food Pedalers (a local microgreens grower that delivers by bike).

Focused on mindful, plant-based eating — and committed to sourcing locally to help our B.C. farmers — Nourish is one of those family-run businesses that feels great to support.

Nourish's clean, minimalist space is also available to rent for events (think showers, birthdays, company team- building). Their goal is to become "the venue" for mindful eating in Vancouver. Visit them from 7-6 on weekdays and 9-4 on weekends.

Borrow up to $5,000.*

For life's little big things.

We can help. Money Mart®

*Installment loans offered in select provinces only. See moneymart.ca for details. Loan principal amounts vary between $1,000 and $5,000 based upon income and other qualification requirements, including a credit check. Loan terms available depend on amount borrowed. See store associate for details. Loans have terms of 12 to 36 months with payments due on scheduled income deposits during the term. The APR for the loans is 59.9%. MONEY MART® is a registered service mark of National Money Mart Company. © 2016 National Money Mart Company. All Rights Reserved.

SPRING SALE ON NOW!

2004 GRAND VITARA JX

Power windows, power locks, automatic, remote keyless entry, 4x4 drive train, cruise control, air conditioning

~~$6,988~~ ON SALE $6,588

2004 SUBARU IMPREZA

Symmetrical all wheel drive, power windows/locks/mirrors, hieght adjustable drivers seat, split folding rear seat

~~$5,995~~ CASH PRICE $4,995

2009 IMPREZA WRX STI

2-Tone Black Leather & Suede Interior, 2.5L, 4CYL TURBO, AWD, 305Hp & 290 ft-lbs Torque, Loaded with Xenon Headlights

$219 B/W @ 4.57% OVER 78 MONTHS NOW ONLY $26,888

2016 KIA SORENTO 2.4L LX

Navigation System, Sunroof, Multi-Zone A/C, Power Passenger Seat, Climate Control, Bluetooth, Keyless Start, Back-Up Camera

$207 B/W @ 4.97% OVER 84 MONTHS NOW ONLY $26,700

2008 FORD F-150 LARIAT

Alloy wheels, fog lights, running boards, power option group, leather interior, 4x4, bed liner, heated front seats

$195 B/W @ 6.97% OVER 66 MONTHS NOW ONLY $18,988

2003 BMW X5 3.0I

Remote keyless power door locks, heated power mirrors, cruise control, air conditioning, alloy wheels, front fog lights

~~$7,988~~ ON SALE $6,988

2014 GRAND CHEROKEE LTD

Fog lights, sunroof, leather interior, heated seats, heated steering wheel, power memory seat, back up camera,

$260 B/W @ 4.57% OVER 48 MONTHS NOW ONLY $33,995

2011 FORD MUSTANG V6

17" alloy wheels, power folding soft top, fog lights, Leather Interior, heated and power front seats, Bluetooth

$158 B/W @ 4.97% OVER 84 MONTHS NOW ONLY $19,995

2015 MERCEDES-BENZ C-CLASS

329 HP twin turbo V-6,navigation, panoramic moonroof, all wheel drive, rear view camera, blind spot assist

ON SALE $394 B/W

2014 CHRYSLER 300 TOURING

Panoramic sunroof, Navigation, Back up Camera, Touch screen, Bluetooth, Leather seats, Heated front seats, Remote start/stop

$194 B/W @ 4.97% OVER 84 MONTHS NOW ONLY $24,888

2015 MITSUBISHI RVR SE

Heated seats, fog lights, 2.0L 4 cyl, lots of warranty, Bluetooth, all wheel drive, \alloy wheels, power group

$189 B/W @ 4.97% OVER 84 MONTHS NOW ONLY $22,568

2005 PONTIAC PURSUIT

Rain deflectors, spoiler, power door locks, split folding rear seats, delay-off headlights, fuel saving 2.2L engine

~~$4,675~~ ON SALE NOW $3,995

2010 RANGE ROVER SUPERCHARGED

Leathers seats, heated and powered front seats, power and heated mirrors, powered glass sunroof, navigation

ON SALE $333 B/W

2008 PATRIOT SPORT/NORTH

Leather black with spacious trunk room, cruise control, AM/FM Stereo, air conditioning, steering wheel controls

~~$8,900~~ CASH PRICE $6,995

2009 NISSAN ALTIMA 2.5 SL

Leather interior, heated front seats, sunroof, Bose Sound system, alloy wheels, automatic, 2.5L 4 cylinder

$103 B/W @ 6.97% OVER 78 MONTHS NOW ONLY $10,790

AUTO DIRECT PARTS & SERVICE

Formerly Richmond Suzuki

BRAKE SPECIALS (Parts & Labour)

All Makes & Models

- 15% OFF PADS & ROTORS REPLACEMENT
- FREE BRAKE INSPECTION

(INCLUDING pads (and/or shoes) / calipers / rotors (and/or drums) / wheel cylinders / hardware (spring and adjusters) / hoses / parking brake cables / fluid condition / wheel bearings and grease seals / master cylinder fluid level)

*Cannot be combined with any other offers. Must present coupon at time of service. Expires May 31 2016

Stuart

Joseph

AUTO DIRECT

3771 NO.3 ROAD, RICHMOND, BC (OPPOSITE YAOHAN CENTRE)

CALL US TODAY

1.855.582.3691

FOR YOUR QUICK APPROVAL!

www.wcautodirect.com

All prices are subject to documentation and tax. Payments include tax and $895 documentation fees. Terms based on 4.57%/4.97%/6.97% over varied listed months. All ICBC reports and Car Proofs available on request. DL #31151

Vickers tackles a protester in Dublin

IRELAND

Canadian hero both lauded and criticized for actions

When Prime Minister Justin Trudeau and his ministers crowed after taking office that "Canada is back" on the world stage, people probably thought more of diplomats like Lester Pearson than Kevin Vickers.

Vickers, the former Commons' sergeant-at-arms celebrated as a hero after an armed attacker was shot and killed inside the Parliament buildings in 2014, was appointed Canada's ambassador to Ireland by way of reward.

On Thursday in Dublin, at a ceremony to honour British soldiers killed during 1916's Easter Rising of Irish nationalists against British occupation, Vickers grappled with a protestor in the sort of physical intervention not typically regarded as diplomatic.

The Global Affairs Department said in a statement that Vickers "intercepted a protester who ran up to the podium" during the commemoration at a military cemetery.

However, a video of the incident shows Vickers stepped forward as the protester shouted "This is an insult!" Vickers grabbed the man and hauled him away. The man was then handcuffed and taken away by Irish police and the ambassador returned to his place to observe the ceremony.

It was a sensitive event given the deaths of hundreds of Irish nationalists in 1916, the execution of leaders of the uprising, and the subsequent declaration of martial law by the British and the arrest of thousands of citizens.

Canadian Ambassador to Ireland Kevin Vickers, left, wrestles with a protester in Dublin on Thursday. THE CANADIAN PRESS

While some social media commentators hailed Vickers as a Canadian superhero, questions were raised about why he attended such a potentially divisive event, and why the ambassador felt it appropriate to engage physically with a lone protester taking public issue with a state event in his own country.

David Mulroney, a former Canadian ambassador to China who is now a senior fellow at the Munk School of Global Affairs, warned against a rush to judgment.

If Vickers considered the man a legitimate safety threat, then acting on his police training was probably instinctive and justified, Mulroney said.

"The other side of it is — and this you do get instructions on — you're there to represent the government and people of Canada and you are to stay out of domestic politics," he said.

"In this case, if he was objecting — not because he thought this was endangering people, but because he thought it was inappropriate for the event — then you are crossing into local politics. That's something for the Irish to work out. You're not there as an honorary member of the Garda (the Irish police)."

TORSTAR NEWS SERVICE

Surf Internet

Internet 5 Unlimited $19.99/month

Internet 15 Unlimited $29.99/month

Internet 30 Unlimited $39.99/month

Phone Unlimited Long Distance US & Canada) $5.95/month

Basic TV $12.00/month

Installation charge: $85.00
Modem: $50.00

www.surfinternet.ca

Earn up to
$600
cash back in the first year.

Get the only cash back debit card in Canada.

Open a new Scotiabank Momentum Chequing Account and earn double the cash back on all of your debit purchases until July 31, 2016 – up to $600 in the first year.

www.scotiabank.com/momentumchequing

You're richer than you think.® Scotiabank®

®Registered trademarks of The Bank of Nova Scotia. ™Trademark of The Bank of Nova Scotia. †*Interac* and *Interac* Flash are trademarks of Interac Inc. used under license. The standard cash back is 1% on all debit purchases, subject to the account terms. In order to qualify for the additional 1% cash back bonus ("Bonus"), you must open a Scotiabank Momentum Chequing Account (an "Eligible Account") between March 21, 2016 and June 30, 2016. Employees of Scotiabank and individuals who are/ were previously holders or joint holders of an Eligible Account, *Scotia*® Moneyback™ Account, *Scotia One*™ Account, Basic Banking Account, Basic Banking Plan, or Scotia Value® Account, are not eligible. Maximum one offer per customer. After July 31, 2016, only the standard cash back of 1% will apply to a maximum of $300 in 2016. The Bonus cannot exceed $300. To receive any cash back, the new Eligible Account must remain open and in good standing throughout November 2016 which means that it has not been in continuous overdraft with or without Overdraft Protection for a period of three consecutive months. This offer cannot be duplicated or combined with any other offer. Scotiabank may withdraw or change this offer at any time without notice.

ONTARIO

Pit bull ban a problem for travelling family

Lucy, a seven-year-old pit bull CONTRIBUTED

Lucie Edwardson
Metro | Calgary

Tera Joseph and her family are trying to start over after fleeing their home in Fort McMurray when the wildfires forced them out of the city earlier this month.

Traveling cross-country in car from Edmonton to Prince Edward Island, the family and their beloved dog Lucy were focused on figuring out what came next — until, while in Manitoba, they found out that Lucy, a pit bull, wouldn't be allowed to pass through Ontario legally.

"I was aware of the Ontario ban on pit bulls but I wasn't aware that I couldn't even pass through the province," she said. "Upon learning this, we decided we would fly her from Winnipeg — but then we found out they also have a pit bull ban."

Ontario's Dog Owner Liability Act came into effect in August of 2005, banning all pit bull breed dogs from the province, unless the dog was born prior to the act passing.

"If the animal is deemed to be prohibited it would be transported out of the province," said Ontario SPCA Insp. Brad Dowar.

The dog's owner could also face fines or jail time.

"I'm pretty much out of options at this point, but I've reached out to Charlie's Angels for Animals and they've put me in touch with a few organizations," she said.

Let's talk transit fares

Take the Transit Fare Review survey at **translink.ca/farereview**

Over the last 30 years, the way we determine fares—including our zone structure and our fare products—hasn't changed much. It's time to move toward a fare system that works better for more customers.

This is the first of four phases of the Transit Fare Review. Share your thoughts by participating in the survey between May 24 and June 30, 2016 and have your say on how to improve the transit fare system.

translink.ca/farereview | 604.953.3333

TRANSLINK

Officials in Fort McMurray have been working hard for weeks to restore services in preparation for the arrival of the city's evacuated residents. RYAN REMIORZ/THE CANADIAN PRESS

Switching a city back on

Return to FORT MAC

Community preparing for return of evacuees

Ryan Tumilty
Metro | Edmonton

When 90,000 people fled Fort McMurray in early May, they left behind not only homes and lives, but grocery stores, gas stations and other essential services that now need to be turned back on.

And that's the challenge many are currently trying to solve: How do you do that by June 1, when the government will allow evacuees to return voluntarily? The answer: It's really complicated.

"When we evacuated the city, 90,000 people were gone. We turned off the lights and we turned off the gas and, 24 days later, we have issues," said Bob Couture, Fort McMurray's director of protective services, who is overseeing the work of turning the community back on.

Couture said the task at hand leaves hundreds of items to think about, and most have been more complex than people anticipate.

"You expect a grocery chain might just be able to turn the lights back on, but it's not — it's a very complicated process," he said.

Just getting staff from grocery stores or other companies up to the city to operate the facilities is a challenge, he said. "The hotels have been down, so we have to get those up and running for accommodations."

Fort McMurray is more than 400 kilometres north of Edmonton, where many evacuees and workers are now based. The distance means that everyone coming to help re-start the community has to be housed and fed, which Couture said is a major challenge.

"There is only one way into Fort McMurray right now and that's by road and it's five hours away from everything else."

He said they've also had to be selective in who they have let back in.

"We have a large community of 90,000 people and everybody wants to come in and everybody wants to help, and there is no room for everybody to go," he said.

The phased re-entry of the community is set to begin next week. Much of the city's electricity and gas service has been restored, but it may be well into June before a boil-water advisory for drinking water can be lifted.

> We are going to have a new normal in our community, and what that is, I really don't know. Bob Couture

IT'S EASY TO GET INTO
AWARD-WINNING VALUE.

- 2.0L Engine
- 160 Horsepower
- Automatic Transmission
- SYNC® Enhanced Voice Recognition^
- Rear View Camera†
- 16" Aluminum Wheels
- Air Conditioning

CONSUMERS DIGEST BEST BUY ±

LEASE THE **2016**
FOCUS SE AUTOMATIC SEDAN OR HATCH

$98*	0.79%	60	$1,645
EVERY 2 WEEKS	APR	MONTHS	DOWN

OFFER INCLUDES $800 LEASE CASH WHEN FINANCED THROUGH FORD CREDIT AND $1,700 FREIGHT AND AIR TAX.

*IT'S **EASY** TO GET INTO A **FORD***

Shop now at **findyourford.ca** or drop by your **BC Ford Store.**

Ford

Go Further

SiriusXM

Available in most new Ford vehicles with 6-month pre-paid subscription.

Oh hey, you're looking for the legal, right? Take a look, here it is: Oh hey, you're looking for the legal, right? Take a look. Here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. Dealer order or transfer may be required as inventory may vary by dealer. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible rainchecked Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). *Until May 31, 2016, lease a new 2016 Focus SE Automatic Sedan or Hatch and get as low as 0.79% lease annual percentage rate (APR) financing for up to 60 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease this vehicle with a value of $19,386 (after $3,645 down payment and Ford Credit Red Carpet Lease Cash of $800 deducted, and including freight and air tax charges of $1,700) at 0.79% APR for up to 60 months with an optional buyout of $7,276, monthly payment is $212 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $98), and total lease obligation is $14,365. Taxes payable on full amount of lease financing price after Ford Credit Red Carpet Lease Cash deducted. Additional payments required for PPSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Lease offer excludes variable charges of license, fuel fill charge, insurance, dealer PDI (if applicable), registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. Some conditions and mileage restriction of 80,000km for 60 months applies. Excess kilometrage charges are 12¢ per km, plus applicable taxes. Excess kilometrage charges subject to change (except in Quebec), see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. †Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. ±The Best Buy Seal and other licensed materials are registered certification marks and trademarks of Consumers Digest Communications, LLC, used under license. For award information, visit ConsumersDigest.com. ^Don't drive while distracted. Even with SYNC, only use phones/other devices when safe. ©2016 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc., and are used under license. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.

If you've had

chickenpox

you're at risk for

shingles

Get vaccinated at your Shoppers Drug Mart Pharmacy today* and help protect yourself from its potentially devastating effects.

Your health. Made easier.™

*Available for people age 50 and over.

SHOPPERS DRUG MART

Trump triumphs

U.S. ELECTION

Front runner shifts focus to Hillary Clinton

Donald Trump THE ASSOCIATED PRESS

With a triumphant pile of delegates in hand, Republican Donald Trump on Thursday claimed support from "almost everybody" in his party and turned his attention to his likely Democratic presidential opponent, Hillary Clinton, who is still locked in a divisive primary contest.

The New York billionaire reached the number of delegates needed to clinch the GOP nomination hours earlier, according to an Associated Press count, just before a North Dakota campaign stop. It completed his unlikely rise that has upended the political landscape and set the stage for a bitter fall campaign.

"Here I am watching Hillary fight, and she can't close the deal," he told reporters. "We've had tremendous support from almost everybody."

Trump's good news was tempered by his own continuing campaign problems. Those include the abrupt departure of his political director and continuing resistance by many Republican leaders to declare their support for his upstart candidacy.

THE ASSOCIATED PRESS

MEDITERRANEAN

4,000 migrants rescued in a day

A woman with a baby disembarks from an Italian Navy ship. THE ASSOCIATED PRESS

More than 4,000 would-be refugees were rescued at sea Thursday in one of the busiest days of the Mediterranean migrant crisis, and at least 20 died trying to reach Europe as Libyan-based smugglers took advantage of calmer seas to send desperate migrants north.

The death toll was likely to grow far higher, however, as the Libyan coast guard also reported two overturned boats between the coastal cities of Sabratha and Zwara. Only four bodies were found, raising fears that the rest of those on board had perished.

Overall, the Italian coast guard said it had co-ordinated 22 separate rescue operations Thursday that saved more than 4,000 lives.

"That probably is a record," said a coast guard spokesman.

THE ASSOCIATED PRESS

GET PRE-APPROVED NOW!
SIMPLE AND SECURE APPLICATIONS
Specializing in:
• New to the Country • No Credit •
• Good Credit • Bad Credit •
• Bankruptcies • Repossessions •
• Divorce • Judgements •

Robin
Call
778-929-1607

CALL TODAY FOR FREE CREDIT CONSULTATION
NO PAYMENTS FOR 6 MONTHS OAC
$0 DOWN PAYMENT
$500 CASH BACK
Offer valid until May 31, 2016.
DRIVE AWAY TODAY!

AWARDS AREN'T GIVEN. THEY'RE EARNED.

mazda

10Best CAR AND DRIVER 2016

GT model shown

2016 MAZDA3 G

WEEKLY FINANCE

OFFER FROM $49† at 1.99% APR with $0 DOWN

for 84 months. Taxes extra. On finance price from $17,770.

NO CHARGE IN-DASH NAVIGATION‡ OR $500 SIGNING BONUSΩ + 0% PURCHASE FINANCING▼

ON SELECT 2015/2016 MODELS

2016 MAZDA CX-3
CANADIAN UTILITY VEHICLE OF THE YEAR
AND
CANADIAN GREEN UTILITY VEHICLE OF THE YEAR

AJAC www.ajac.ca
Automobile Journalists Association of Canada

GT model shown

2016 CX-3 GX

WEEKLY FINANCE

OFFER FROM $69† at 2.99% APR with $0 DOWN

for 84 months. Taxes extra. On finance price from $22,715.

CAR AND DRIVER
2016 EDITORS' CHOICE
COMPACT CROSSOVERS/SUVS

GT model shown

2016 CX-5 GX

WEEKLY FINANCE

OFFER FROM $72† at 1.99% APR with $0 DOWN

for 84 months. Taxes extra. On finance price from $24,515.

MAZDA UNLIMITED*

MAZDA'S UNLIMITED MILEAGE WARRANTY. STANDARD ON ALL 2015 AND 2016 MODELS.

Northshore Auto Mall

morrey Auto Group

www.morreymazda.com

mazda

morrey mazda NORTHSHORE AUTO MALL 604.984.9211

DRIVING MATTERS

zoom-zoom

mazda

▼0% APR Purchase Financing is available on select 2015/2016 Mazdas. Terms vary by model. Based on a representative agreement using an offered pricing of $25,015 for the new 2016 CX-5 GX (NVXK66AA00), the cost of borrowing for a 48-month term is $0, monthly payment is $521 and total finance obligation is $25,015. ‡No charge in-dash navigation offer valid on purchase, finance or lease of select new and unused 2015 and 2016 Mazda models. Program is valid only on vehicles that are sold, registered and delivered between May 3 – 31, 2016. **Note:** In the event the selected model is pre-equipped with navigation, or selected model is not equipped for navigation, customer may substitute a cash discount of $425 ($705 for 2015 CX-9). Cash discount substitute applied before taxes. Some conditions apply. See dealer for complete details. **Note:** Navigation offer not available on 2015/2016 Mazda5 models – cash discount substitute of $425 can be applied. Ω$500 Signing Bonus is available on retail purchase, finance or lease of all new, in-stock 2015 and 2016 Mazda models from May 3 – 31, 2016. Signing Bonus will be deducted from the negotiated price before taxes. See dealer for complete details. †Based on a representative example using a finance price of $22,715/$24,665/$17,270 for the 2016 CX-3 GX (HVXK86AA00)/2016 CX-5 GX (NVXK85AA00)/2016 Mazda3 G (D4GK66AA00) at a rate of 2.99%/1.99%/1.99% APR, the cost of borrowing for an 84-month term is $2,488/$1,767/$1,281, weekly payment is $69/$72/$49, total finance obligation is $25,203/$26,282/$19,051. Taxes are extra and required at the time of purchase. All prices include $25 new tire charge, $100 a/c charge where applicable, freight & PDI of $1,695/$1,895 for Mazda3/CX-3, CX-5. As shown, price for 2016 Mazda3 GT (D4TL66AA00)/2016 CX-3 GT (HXTK86AA00)/2016 CX-5 GT (NXTL86AA00) is $27,470/$31,315/$37,215. PPSA, licence, insurance, taxes, down payment (or equivalent trade-in) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Lease and Finance on approved credit for qualified customers only. Offers valid May 3 – 31, 2016, while supplies last. Prices and rates subject to change without notice. Visit mazda.ca or see your dealer for complete details. *To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca.

metro VIEWS

Your essential daily news

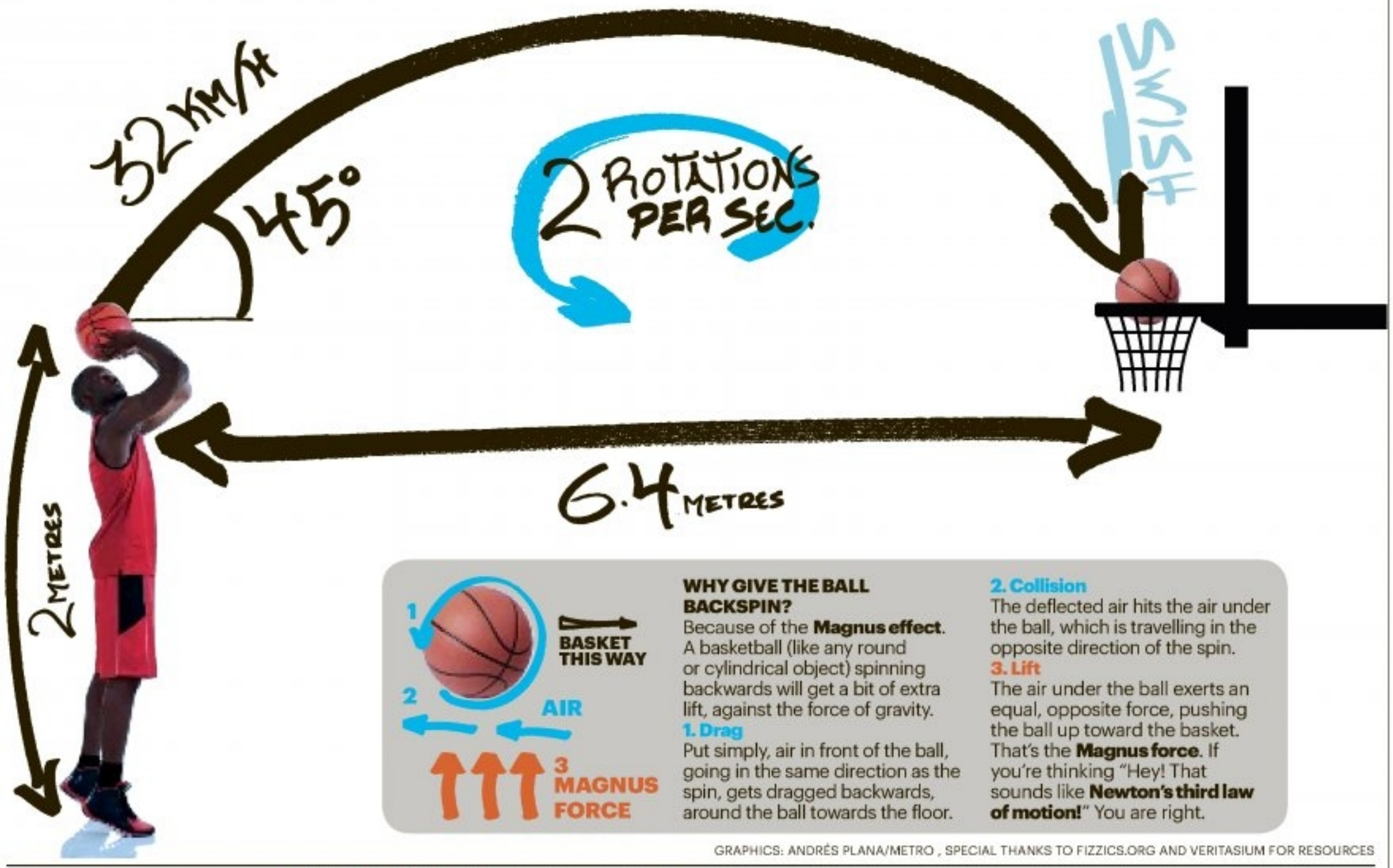
SCIENCE SAYS Weekend, May 27-29, 2016

WHAT'S OLD IS BREW Analysis of 5,000-year-old dregs revealed the recipe of the earliest known beer in China. It contained barley, millet and tubers.

DECODED BASKETBALL

LEARN TO SHOOT LIKE DEMAR DEROZAN

Just kidding, we definitely can't teach you that. However, we can explain the **physics behind the optimal three-point shot** — which the 26-year-old Raptor is well on his way to mastering. We consulted some work from Creighton University physics professor Gintaras Duda to learn about the multitude of factors that must come together all at once to create a satisfying 'swish.'



WHY GIVE THE BALL BACKSPIN?
Because of the **Magnus effect**. A basketball (like any round or cylindrical object) spinning backwards will get a bit of extra lift, against the force of gravity.

1. Drag
Put simply, air in front of the ball, going in the same direction as the spin, gets dragged backwards, around the ball towards the floor.

2. Collision
The deflected air hits the air under the ball, which is travelling in the opposite direction of the spin.

3. Lift
The air under the ball exerts an equal, opposite force, pushing the ball up toward the basket. That's the **Magnus force**. If you're thinking "Hey! That sounds like **Newton's third law of motion!**" You are right.

GRAPHICS: ANDRÉS PLANA/METRO , SPECIAL THANKS TO FIZZICS.ORG AND VERITASIUM FOR RESOURCES

CITIZEN SCIENTIST by Genna Buck

What if I never eat fruits or vegetables?

A friend of mine refuses to eat fruits or vegetables. He claims supplement pills are just as good. Is this true? Are pills food? — Colin, Toronto

You should hit up some columnist called Citizen Philosopher with questions about the fundamentals of classical logic, like the Law of Identity (which says, I think, "Everything is its own thing, it can't be some other thing too" — i.e. pills aren't food.)

While we're on the topic of things that are not my field of expertise, let's talk psychology. I don't know your friend, nor am I a doctor, but I know severe selective eating can be a sign of an eating disorder. I doubt this person is receptive to advice (the Food Guide clearly didn't sink in), but if you think you'll have any luck, I think you should encourage him to see a doctor.

Now: To the research! The effects of fruit and vegetable consumption on health is not as well-studied as I expected to find. But literature reviews show a significantly lower risk of heart disease among people who eat five daily servings of fruits and vegetables, especially green leafy ones. A veggie-rich diet is also associated with lower rates of cancer and type 2 diabetes.

Your friend is only partly wrong. The right supplements can ward off some serious issues like Vitamin C deficiency (scurvy), but he's not getting scores of beneficial phytochemicals.

The fibre and water in fruits and vegetables also help us feel full and regulate food intake. Sure, you can buy fibre from the drugstore, but it's not nearly as delicious as eggplant parmesan or pasta primavera or banana pancakes or everything else he's missing out on.

The lesson here: Science can't solve every problem. Sometimes you just have to hold your nose and eat your spinach.

Science Question? Tweet @genna_buck

FINDINGS
Your week in science

THE REYNOLDS LAB

NEW SNAKE SPECIES
Talk about precious silver: Harvard researchers have discovered silver boas previously unknown to science in the southern Bahamas. The critically endangered snakes could go extinct before we get much chance to study them, thanks in part to feral cats.

SLEEPING WILLOW
Finnish and Austrian researchers used lasers to observe treetops sagging by up to four inches at night, then bouncing back in the morning. Why? It could be reduced water pressure because there's no photosynthesis at night. Or trees are resting their branches to save energy.

SOUND SMART

NANO BALLS

DEFINITION
Nanoballs are round objects, natural or synthetic, small enough to be measured in **nanometres** (billionths of a metre). It was just discovered that English ivy gets its super-sticky, brick-ruining properties from **nanoballs** of sugar-coated proteins.

USE IT IN A SENTENCE
"I wish they sold **nanoball** glue at the store. Ralph's Bill Nye poster keeps falling off the wall."

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

metro Your essential daily news

CHIEF OPERATING OFFICER, PRINT **Sandy MacLeod**

VICE PRESIDENT & EDITOR **Cathrin Bradbury**

EXECUTIVE VICE PRESIDENT, REGIONAL SALES **Steve Shrout**

MANAGING EDITOR VANCOUVER **Jeff Hodson**

ADVERTISER INQUIRIES adinfovancouver@metronews.ca **General phone** 604-602-1002

FREE TO SHARE

NORDSTROM

HALF YEARLY SALE

SAVE UP TO

40%

ON SELECTED STYLES
FOR MEN, WOMEN & KIDS

LAST CHANCE TO SHOP!
SALE ENDS MAY 29
AT NORDSTROM PACIFIC CENTRE

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION DIGITAL

Just ask Mia, what Alice said

SEQUEL

Actress returns to Wonderland six years after first Burton film

Richard Crouse
For Metro Canada

Mia Wasikowska reprises her role of Alice in Alice Through The Looking Glass. DISNEY

Alice Through The Looking Glass, the six-years-in-the-making sequel to Tim Burton's Alice in Wonderland, takes place in a world where chess pieces come to life and the Cheshire Cat's grin is as toothy as ever. It's a flight of fantasy, based on a story published by Lewis Carroll in 1871, but grounded by the very human character of Alice Kingsley.

Mia Wasikowska has played Alice since the 2010 film, signing on to the first movie when she was just 18 years old.

"There is always a little bit of trepidation especially when you're dealing with a character who is so iconic and so beloved by so many people and so many generations," she told me on the release of the first film.

"But there is also a certain amount of realism to it because you know you can't please everyone and not everyone is going to be pleased so it is more just making the character your own and feeling comfortable in the decisions you make."

Originally imagined by Carroll in 1865, the little girl who found a world of wonder down the rabbit hole has become one of literature and film's more enduring and malleable characters.

She was the insane character of America McGee's video game Alice and the martial arts instructor of a Syfy channel adaptation. In 2010 Wasikowska said she thinks the stories have lasted because people relate to the strange characters and situations.

"I don't believe in normal," she said. "Nobody is normal. Everyone is crazy in his or her own way. So although these are extreme characters I think that just makes them more identifiable.

People want to see these characters, understand these characters, love these characters, feel comfortable with these characters because they are like everybody in this world who are kind of crazy. Everyone has felt like an outsider at some time in their life so it is a very identifiable story."

Alice first got the big screen treatment in 1903 in a 12-minute silent version starring Mabel Clark, who was also employed on the set as a "help-out girl," making costumes and running errands.

In 1966 director Jonathan Miller cast Anne-Marie Mallik as the lead in Alice, a mad-as-a-hatter made-for-BBC movie. Miller called Mallik, who auditioned by reciting a poem, a "rather extraordinary, solemn child."

Not everyone agreed. Peter Cook's biographer described the teenager's take on Alice as "sullen, pouting, pubescent with no sense of bewilderment." Mallik later said she wasn't impressed with her illustrious co-stars — John Gielgud as the Mock Turtle and Peter Sellers as the King of Hearts — because she had grown up surrounded by the very accomplished friends of her "much older" parents.

After production wrapped she "retired" from acting and afterward the BBC had trouble paying her a royalty because they couldn't find her.

LOCAL SHOW TIMES

Dunbar Theatre, 455 Dunbar St.
Fri 4:10-7-9:35-9:20 Sat-Sun 1:30-4:10-7-9:35 Mon-Thu 1:30-7-9:35

Park Theatre, 3440 Cambie St.
Fri-Thu 4; 3D Fri 6:50-9:40 Sat-Sun 1:10-6:50-9:40 Mon-Thu 6:50-9:40

Scotiabank Theatre, 900 Burrard St.
Fri 11:45-3-6:30-9:35 Sat 12:30-3:25-6:30-9:30 Sun-Thu 11:45-3-6:30-9:35; 3D Fri 12:15-3:40-7-10:05 Sat 1:30-4:20-7:10-10:15 Sun 12:15-3:40-7-10:05 Mon-Thu 12:10-3:30-7:05-10:05

Park & Tilford, 333 Brooksbank Ave.
Fri 6:50-9:40 Sat-Sun 4 Tue 4; 3D Sat-Sun 1:10-6:50-9:40 Mon-Thu 6:50-9:40; Stars & Strollers Screening Thu 1

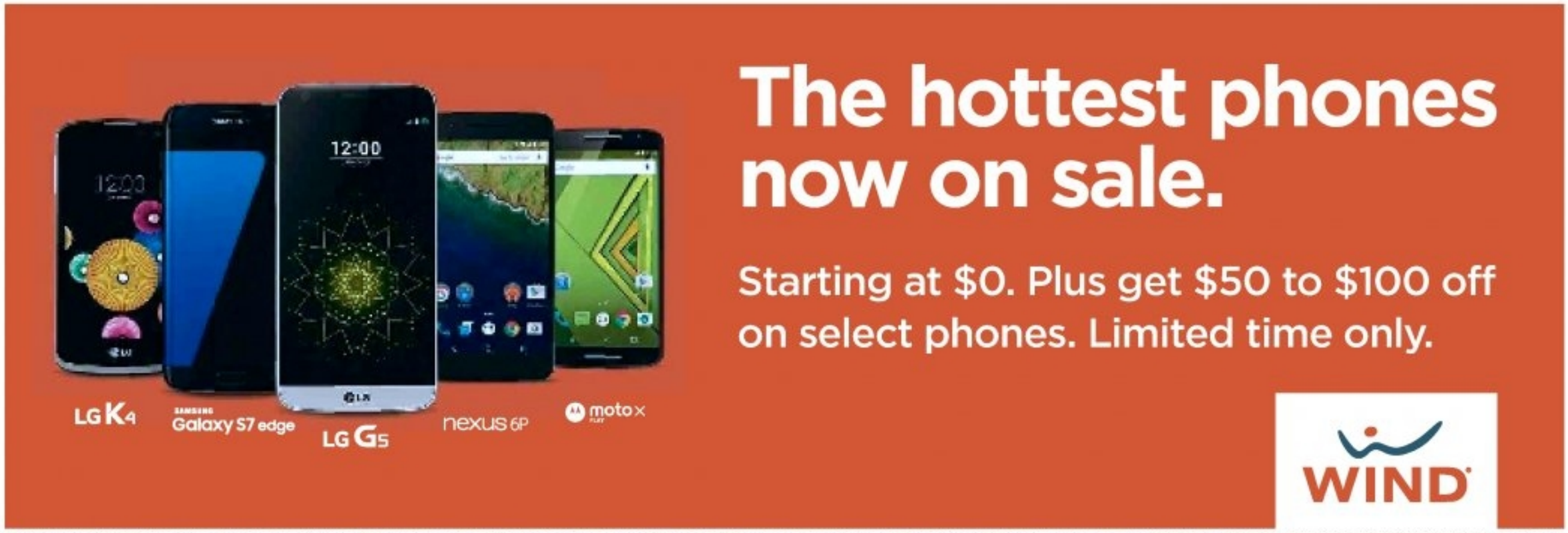
SilverCity Riverport, 14211 Entertainment Way
Fri-Wed 3:20-9:20; 3D Fri-Sat 12:30-6:30; IMAX 3D Fri 1:30-4:20-7:10-10 Sat 11:10-2-4:50-7:40-10:30 Sun-Thu 1:30-4:20-7:10-10

SilverCity Metropolis, 4700 Kingsway Ave.
Fri-Thu 3:20-9:20; 3D Fri-Thu 12:30-1:30-4:20-6:30-7:10-10

SilverCity Coquitlam, 170 Schoolhouse St.
Fri-Sun 12:30-3:20-6:30-9:20 Mon 12:40-3:20-6:30-9:20 Tues 12:30-3:20-6:30-9:20 Wed-Thu 3:20-6:30-9:20; 3D Fri 1:30-4:20-7:10-10 Sat 11-1:40-4:25-7:15-10:05 Sun-Thu 1:30-4:20-7:10-10; VIP 3D Fri-Sun 2-5-8-11 Mon 5-8-10:45 Tue 2-5-8-11 Wed-Thu 5-8-10:45

Strawberry Hill Grande, 12161-72nd Ave.
3D Fri-Thu 1:20-4:10-7-10

Studio 12 Guildford, 15051-101st Ave.
Fri 1:15-3:45-6:45 Sat 10:30-1:15-3:45-6:45 Sun-Thu 1:15-3:45-6:45; 3D Fri-Thu 12:45-4:15-7:15-9:45



Learn more at WINDMobile.ca. The Samsung Galaxy S7 edge and Nexus 6P are on sale only until May 10, 2016, or while supplies last. Phones for $0 must be activated with WINDtab. WINDtab terms and conditions apply. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities and are used with permission. LG and the LG logos are registered trademarks of LG Corp. and its affiliates. MOTOROLA is a registered trademark of Motorola Trademark Holdings, LLC. Google, Nexus and Android are trademarks of Google Inc. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile

THE NEW VANCOUVER HONDA
DILAWRI GROUP OF COMPANIES | HONDA

BUSINESS AS USUAL
RENOVATION SALE

Plus with every service we provide:
• Complimentary car wash and vacuum • Free multi-point inspection • Free shuttle service* • Free refreshments in our family-friendly service lounge • Free smiles

Business as usual during renovations. Zero compromise to customer service.

COOLANT FLUSH

$109.88

Help optimize your engine's running temperature with a coolant flush.*

*Not to be combined with any other offer. Valid 06/15/16

WHEEL ALIGNMENT

FREE CHECK

Proper wheel alignment will ensure longer tire life and improve gas mileage.*

*Not to be combined with any other offer. Valid 06/15/16

ACCESSORIES SPECIALS

10%off

All genuine Honda accessories when you spend over $100.00.*

*Contact store for details. Valid 06/15/16

SERVICE SPECIALS

10%off

All vehicles that are over 5 years old or over 100,000km.*

*Not to be combined with any other offer. Valid 06/15/16

HONDA TIRE GUARANTEE

Lowest Price!

If you find a lower advertised price within 30 days of purchase we will match it!* Plus ask about our limited time manufacturer rebates.

*Some restrictions may apply, speak to a service advisor for details.

ONE MORE THING ...

Brake fluid service $120*

Be ready for spring with a brake fluid service. Service includes changing your brake fluid and bleeding the brake system.

*Not to be combined with any other offer. Valid 06/15/16

Bring these coupons into our service department
before June 15th to redeem your special offers.

2 minutes away from the Canada Line and we also offer convenient Saturday servicing and parts!
Book your appointment today! Call **604.324.6632** or book your service appointment online at: **vancouverhonda.com**

THE NEW VANCOUVER HONDA
DILAWRI GROUP OF COMPANIES | HONDA

850 SW. Marine Drive, Vancouver, BC V6P 5Z1
Tel: 604.324.6666 | www.vancouverhonda.com

THE TV DINNER JESSICA ALLEN

I once gave an apple to the director Whit Stillman. We were alone in a hotel room making a web video

I once gave an apple to the director Whit Stillman. We were alone in a hotel room making a web video.

Let me start over: We'd just finished filming a 10-minute discussion during a Toronto International Film Festival junket for Damsels in Distress, Stillman's first movie in 13 years.

Everyone left the room, save for us two. He paused for what felt like an eternity, his gaze fixed upon my canvas tote bag stuffed with the fruit (it's another story, entirely.) I asked if he'd like one. He accepted.

That was five years ago. The video footage was lost so you'll just have to trust me when I tell you that while it certainly wasn't love, it could've been the beginning of a friendship—if the PR person hadn't removed me from the room.

Coincidentally, Love & Friendship is the title of Stillman's latest film, which opens in select theatres on Friday. It's an adaptation of a little-known novella by Jane Austen called Lady Susan that was published posthumously.

Kate Beckinsale plays the title character, a widow and bon vivant, who's searching for a husband for her daughter, and herself.

THE MOVIE: Love & Friendship

THE MEAL: Rhubarb Crisp

Chloe Sevigny, who starred alongside Beckinsale in Stillman's The Last Days of Disco, is Lady Susan's crafty friend. And yes, there are two potential suitors.

Although it's de rigueur to modify — adding zombies to Pride and Prejudice, for example — and modernize — Clueless is a take on Emma — Austen's work, Stillman sets his story firmly in the Georgian drawing rooms and countryside estates of the 1790s. And he doesn't consider the source material to be more contemporary than her other works.

"That's something that's said a lot now," he recently told the New York Times, "like if you want to sell people on going to see something that's set in the past. They say, 'Oh this has a snarky, modern sensibility.' And I don't want to say that at all, because I rather prefer the 18th century. For me, it's not a good thing to say it's contemporary."

Still, his dry wit and heavy-on-dialogue films featuring characters discoursing on decorum, privilege, and class, which have influenced the likes of Wes Anderson and Noah Baumbach, are not dissimilar to Austen's work.

So what took him so long to tackle it? For starters, the 64-year-old director has made only five films in some 25 years. Plus: "My theory in the '90s was that I didn't want to take a Jane Austen book I loved and reduce it to a 90-minute movie," he says. "The Emma Thompson-Ang Lee Sense and Sensibility was beautiful, but other ones I didn't think justice was being done."

That Sense and Sensibility is one of my top five favourite films — and Thompson is responsible for my all-time favourite award speech when she won the Golden Globe for her screenplay at the 1995 ceremony (Google it!) Every time I watch the film, I want to paint our apartment entirely in Wedgwood blue.

On a recent night we settled into our (taupe) living room and debated whether we should watch Metropolitan, Stillman's 1990 first feature film about New York socialites, which I have never seen, or Sense and Sensibility, again. While Simon appreciates Austen, he can't understand why I'd want to repeatedly re-watch something because time is limited.

He also can't understand why anyone would make a crisp other than apple. But the rhubarb at my green grocer was a brilliant pink and I couldn't resist. We ate it while watching Sense and Sensibility, again.

"It's research," I said.

Jessica Allen is the digital correspondent on CTV's The Social.

J-Law's next big projects

When Jennifer Lawrence peels off the blue skin of Mystique, she'll be diving into some new projects with Darren Aronofsky and Steven Spielberg. THE ASSOCIATED PRESS

THE FUTURE

A peek at what's up next for Hollywood's best-paid actress

After Jennifer Lawrence peels off Mystique's blue skin for the last time with the release of Bryan Singer's trilogy-closing X-Men: Apocalypse this weekend, fans must be wondering what's next for the actress.

She's as much a screen shape-shifter as her Raven/Mystique character, beginning with her Oscar-nominated work in indie Winter's Bone, then starring in blockbuster franchise The Hunger Games and winning an Academy Award for Silver Linings Playbook.

What's next for the 25-year-old actress, who led Forbes' list in 2015 as the highest-paid actress in Hollywood?

Passengers

J-Law will be seen next starring opposite Chris Pratt in big-budget romance Passengers.

Set on board a space ship en route to a distant colony planet, Pratt and Lawrence are among the thousands of interstellar pioneers sedated in sleep chambers for the 120-year voyage when something wakes them up.

Lawrence plays a New York writer and Pratt is a mechanic. Details are few but we know the actress was very chatty about the awkwardness of filming a steamy love scene with the married Pratt.

Some scenes were shown to an audience at CinemaCon 2016, which reacted enthusiastically.

The movie opens in December.

Darren Aronofsky project

This one is a mystery. The Telegraph reports Lawrence is in rehearsals with director Darren Aronofsky on his sun-titled drama, which is also rumoured to star Javier Bardem and Michelle Pfeiffer.

Variety had a hint of a plot for the film, due out next year, saying it's about "a couple whose relationship is tested when uninvited guests arrive at their home, disrupting their tranquil existence."

We may not know much, but we do know Aronofsky makes movies that push actresses to expand their craft, like Natalie Portman in psychological thriller Black Swan and Marisa Tomei as stripper Cassidy in 2008 drama The Wrestler.

It's What I Do

There were several reports last year that war photojournalist Lynsey Addario's 2015 memoir It's What I Do: A Photographer's Life Of Love And War will get the big screen treatment, with Steven Spielberg directing and Lawrence to star. Time reported in 2015 there was a bidding war for the movie rights, with Warner Bros. emerging victorious.

No updates since then and considering Spielberg is already in pre-production on sci-fi thriller Ready Player One and drama The Kidnapping of Edgardo Mortara, this could take a while.

TORSTAR NEWS SERVICE

X-MEN APOCALYPSE

Your three-minute who's who catchup

The new generation of X-Men actors are now well and truly established with the arrival of X-Men: Apocalypse, the third film exploring the team's origins. In the latest movie, a historic rift emerges among the supermutants thanks to powerful and divisive newcomer Apocalypse.

Who's in it?

James McAvoy returns as Professor Xavier, as do protogés Mystique (Jennifer Lawrence), Beast (Nicholas Hoult), Havok (Lucas Till), and Quicksliver (Evan Peters), while among those new to the school are Cyclops (Tye Sheridan, Last Days in the Desert), Jubilee (Lana Condor), Storm (Alexandra Shipp, Straight Outta Compton) and Jean Grey (Sophie Turner, Game of Thrones).

Opposing them is Apocalypse (Oscar Isaac, Star Wars: The Force Awakens) who sets about recruiting Quicksilver's estranged father Magneto (Michael Fassbender) and newcomers Nightcrawler (Kodi Smit-McPhee), Angel (Ben Hardy), and Psylocke (Olivia Munn) to his cause.

Who's behind it?

Bryan Singer's back for his fourth film in the X-Men franchise, after the original X-Men and X-Men 2, and 2014's passing of the baton, X-Men: Days of Future Past. He directed from a screenplay by Simon Kinberg, who shared an Oscar nomination for The Martian.

Is it any good?

Following a world premiere in London on May 9, X-Men: Apocalypse has accrued an IMDb rating of 8.3/10 from just north of 1,200 user scores (as of May 13).

Movie critics' reviews dropped around the same time but were a little less enthused than those of the average moviegoer, with Metacritic giving a 51 per cent average score and Rotten Tomatoes turning up a 57 per cent approval rating from an average 5.7/10 score. AFP

Considering a career in Driver Training?

Limited space available, reserve yours today.

If you have decided to become a licensed ICBC driving instructor, our ICBC-approved course is brand new and incorporates the latest ICBC standards for instructor training. You will learn to use the latest in-car coaching techniques developed in Europe that will give you a head start in your new career.

Class begins June 20, 2016
Course Registration fee: $2,800

Mercedes-Benz Driving Academy for New Drivers
Visit www.mb-drivingacademy.ca or call 604-460-5004.

Mercedes-Benz
The best or nothing.

Coverage areas: Abbotsford, Aldergrove, Burnaby, Coquitlam, Delta, Fort Langley, Kelowna, Ladner, Langley, Maple Ridge, Mission, New Westminster, North Vancouver, Pitt Meadows, Port Coquitlam, Port Moody, Richmond, South Surrey, Tsawassen, Vancouver, West Vancouver, White Rock, Whistler

15 YEARS LATER

Furious gets re-release for anniversary

Paul Walker, Vin Diesel and Michelle Rodriguez at the premiere of The Fast and The Furious in 2001. THE ASSOCIATED PRESS

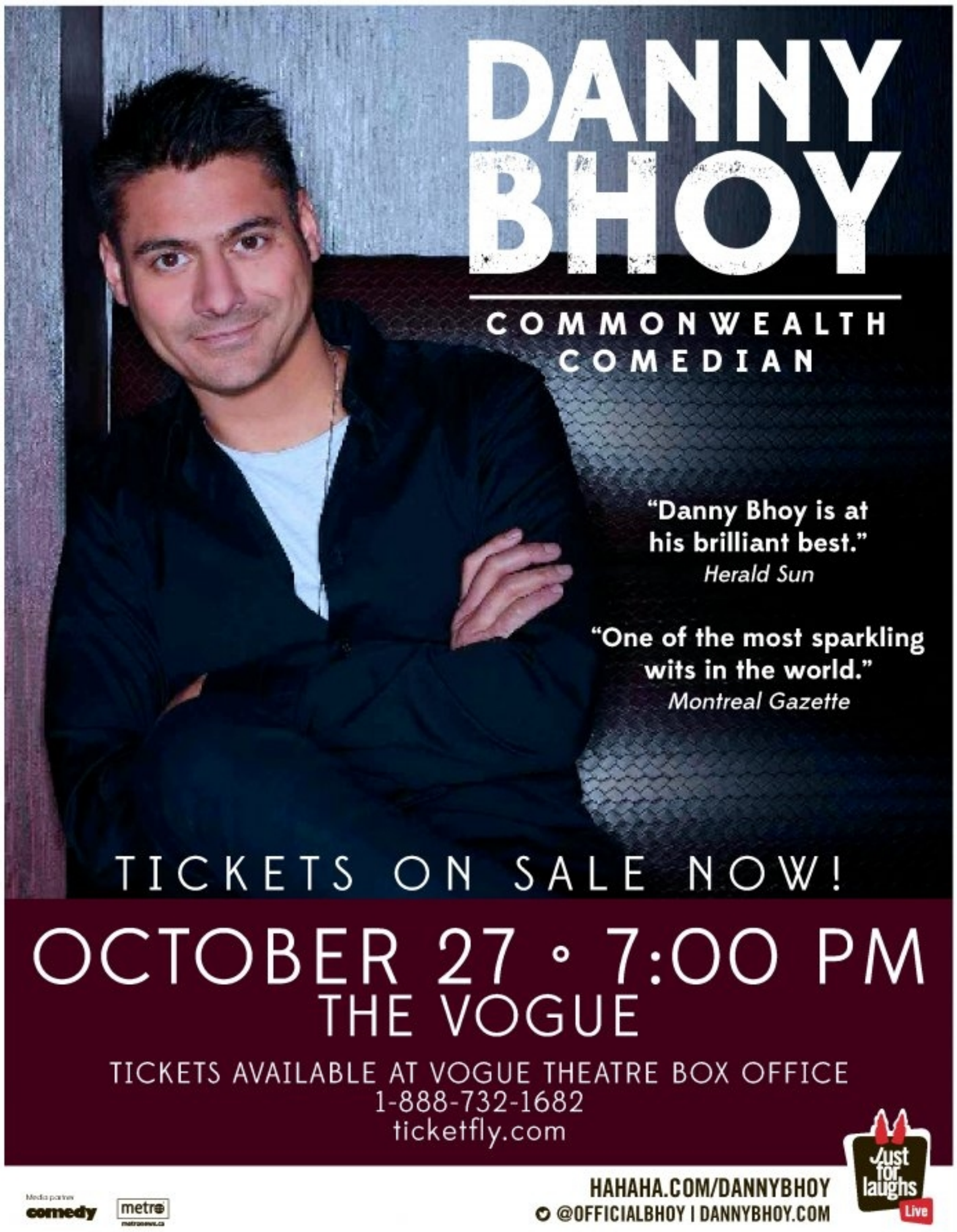
The Fast and the Furious is speeding back into theatres this summer in celebration of the 15th anniversary of the film that launched the improbable $3.9 billion franchise. Tickets are now on sale for the nationwide June 22 re-release.

The 2001 film about East Los Angeles street racers starring Vin Diesel, Michelle Rodriguez and the late Paul Walker was a big box office success, earning over $200 million worldwide, but no one at the time could have imagined its potential longevity. In the years and films since, the franchise has only grown in profitability and audience goodwill.

The most recent, Furious 7, earned over $1.5 billion globally in 2015.

The eighth film is in production for a 2017 release, with 9 and 10 scheduled through 2021.

THE ASSOCIATED PRESS



Star Trek ... and Beyond

Star Trek Beyond is more 'fun' than previous episodes in part thanks to comedic actor Simon Pegg (above). CONTRIBUTED

NEW TRILOGY

Stars reflect on legacy in lead up to 50th anniversary

It launched with a mission of just five years "to boldly go where no man has gone before" but half a century later Star Trek is a multi-billion-dollar cultural phenomenon adored by fans the world over.

When the show debuted in 1966 the concept was a three-season television show following the crew of the starship Enterprise as they ventured into the galaxy to seek out new civilizations.

Little did NBC know it would snowball into a touchstone in entertainment spawning six shows with a combined 725 episodes and 13 movies, and turning its stars into household names.

"To be talking about the 50th anniversary is insane. I was born the same year that Star Trek was," veteran filmmaker J.J. Abrams, the creative force behind the new "rebooted" trilogy, told a convention in Hollywood last week. "I know how old I feel, so the idea that this thing endures is incredible."

Korean-American actor John Cho, who plays Starfleet Officer Hikaru Sulu in the rebooted trilogy describes multiculturalism as one of its "defining features."

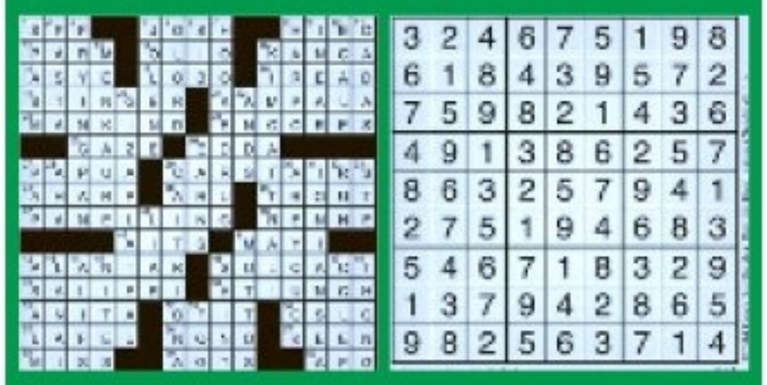
"I really believe theoretically in Star Trek movies. It's a good cultural product, in my opinion. I wanted to be a part of something I felt was an important, positive cultural contribution," he said.

Today "Trekkies" are the only fan group listed by name in the Oxford English Dictionary.

Karl Urban, who plays ship's doctor Leonard "Bones" McCoy — the role originally made famous by the late DeForest Kelley — said Beyond was more complex and yet more fun than previous episodes.

This is in part thanks to Simon Pegg — engineer Scotty in the reboot series — who was behind numerous British comedy hits including 2004's Shaun of the Dead and took on scriptwriting duties for Beyond. AFP

PLAY Yesterday's Answers
from your daily crossword and Sudoku



for more fun and games go to metronews.ca/games

PRIVATE EYES

Priestly gives'er in new show

Shelley Eriksen and Alan McCullough, executive producers of the new Global TV detective show Private Eyes, say they are selling Toronto to the world for "the awesome city it is."

"We're the fourth largest city in North America and one of the most diverse on the planet. We want to embrace everything about it, there's no need for apologies," says Eriksen.

Canada, says McCullough, "isn't as uncool as it used to be."

"Because it's 2016!" chimes in Eriksen. With that in mind, we tested star Jason Priestley to see whether the new show is up to CanCon snuff.

Jason Priestly and Cindy Sampson star in Private Eyes on Global. TORSTAR NEWS SERVICE

Hockey
Priestley's character is an ex-hockey player. And in the first episode there is former Toronto Maple Leaf Doug Gilmour. "It was great, I've known Doug for a long time and we were lucky enough to find a hole in his schedule to spend a couple hours with us. We had a great time," Priestley says.

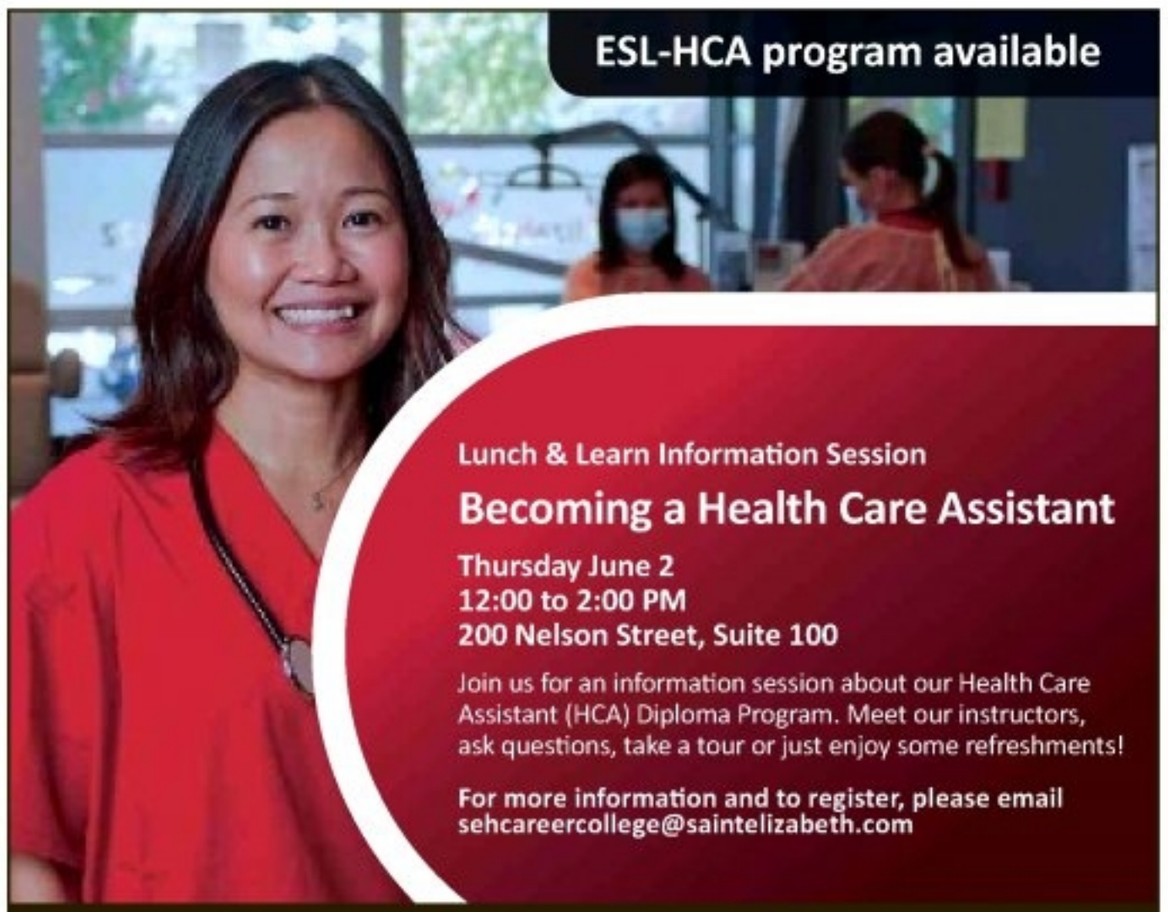
CN Tower
"It's definitely in the show and it's in the show all the time. Actually, right from the start. I can't tell you how nice it is to shoot in Toronto and not have to shoot around it."

Canadianisms
"There are lots of Canadian phrases.... One of my favourites that we use is 'Just give 'er!' It means like you're going to try something, give it maximum effort. That's classic."

Canuck Fashion
"I've worn Roots stuff already on the show; I'm in this leather jacket. And I'm sure if there was a winter scene they'll put me in Canada Goose. So far no Joe Fresh underwear. Does Joe Fresh make underwear?"

Poutine and Barenaked Ladies
"Oh yeah. Poutine. We haven't shot a scene yet. But it has to make an appearance. And the Barenaked Ladies haven't been on the show yet. But never say never. Maybe we can have the Barenaked Ladies eating poutine."

TORSTAR NEWS SERVICE



metro TRAVEL

Your essential daily news

The great road trip is expected to return this summer thanks to cheaper gas

Lonesome highway

Today's youth prefer cycling adventures and prepackaged tours to "road begging," as it was once called. Inset: Rita Daly, 18, left, and Barb Sneyd, 18, hitchhiking outside Moose Jaw. MAIN PHOTO ISTOCK; INSET CONTRIBUTED

Back in the 1970s hundreds of thousands of young people around the world hitchhiked as a rite of passage. Today, few venture onto the highway with their thumbs out. A writer looks back on the travels of her youth as she sets out on a road trip of a very different kind. **RITA DALY** FOR TORSTAR NEWS SERVICE

There was no awe-inspiring moment of, "Hey, why don't we hitchhike out west this summer." At least, not that I recall.

It was just the thing to do back then, when thousands of youth — actually hundreds of thousands — took to the highways and back-roads to travel across Canada, the United States and Europe by sticking out their thumbs.

It was 1972. School was out, rock 'n' roll was in, when three fresh-faced girls with long hair, faded jeans and backpacks joined this historic movement and set off to see a world beyond the borders of Toronto with just a bit of cash stuffed in our pockets and a naive sense that all would work out in the end.

It did of course. Our parents, thankfully, were none the wiser. Was it luck that nothing bad happened during the course of that, and subsequent, hitchhiking adventures? Or, were they really safer times than today?

Once, on a Hwy. 401 trek to Windsor, I recall being picked up by a man with a prosthetic hand on the wheel and a handgun on the seat. When he made a stop in London, we bolted.

Another time, thumbing around England and Scotland, a group of sketchy long-haired weirdos picked us up in a van outside Salisbury. They kept staring at us, like we were the freaks. We bailed in Dorchester.

Still, these memories remind me of those carefree days when hitchhiking was considered more a right of passage than a mode of transportation. Which brings me to the present.

My husband and I sold our house in Toronto, bought one on Vancouver Island and shipped our life westward. He flew out with the cat, and I, opting to drive, found myself on the same Trans-Canada route ventured more than four decades ago.

This time I was accompanied by a girlfriend with the comforts of modern-day road travel — a skinny latte, iTunes and a browser that booked nightly hotel rooms in upcoming towns.

It made me wonder though, how many young people are hitching the highways today? Not many, I guessed, and guessed right.

During our week on the road, travelling some 4,000 kilometres from Toronto to Vancouver, we passed only five groups, or a total of 10 people, thumbing rides — three young girls, with large packs, heading north out of Port Severn, a young man hitching alone outside Thunder Bay, a couple heading west on the outskirts of Winnipeg, two young guys on the outskirts of Moose Jaw holding a cardboard sign that read "Next Town," and a young French-Canadian couple with their dog, Gogol, in Revelstoke heading God-knows-where, because they didn't know.

The numbers were a far cry from the throngs we ran into back in the '70s — camping out in peach orchards, wheat fields or public parks — when it seemed like everyone was, as Jack Kerouac said, on the road. You never felt alone. By contrast, today's hitchhikers seemed a lonely lot, isolated in their own time warp.

That's what I hastily assumed as we zoomed along, proud that I played my bit part in a huge counterculture experiment that today's hitchhikers lost out on. Of course, young people on the road these days may not necessarily feel that way. I have to assume they are carving out their own unique adventure, just in a different age.

Gabriel René and Caroline Dawson, for instance, are today's consummate version of '70s free-spirited hippies. Both 23 and from Montreal, they have hitched across Canada several times, thumbed around the east coast, the U.S. and spent six months thumbing around Australia.

They have been on the road this time since January, carrying the usual tent, cooking gear, sleeping bags, guitar, food and clothes. Gogol has her own pack. They have found nothing but friendly rides, interesting people, and the freedom and romance of the road.

"We've had thousands of rides probably and never had any problems with anyone," said René.

As they turned and headed toward the highway, I asked where they were going next. "Not sure, maybe east, maybe the islands," said Dawson, meaning the west coast.

René smiled with a shrug. "Maybe north."

> **How many young people are hitching the highways today? Not many, I guessed, and guessed right.**
> Rita Daly, on her road trip this year

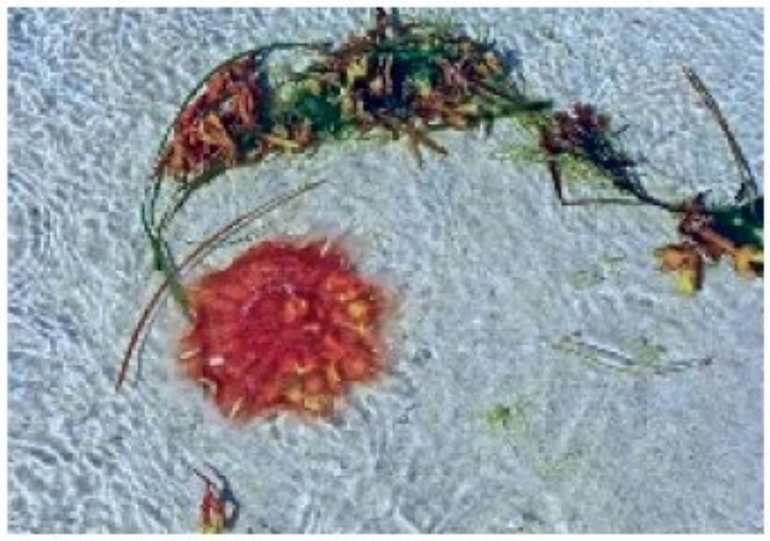
Hornby Island: The Hawaii of the north

B.C.

Modest jewel perfect place to spend the summer

Two sisters play wistful music as cars board the ferry leaving Hornby Island.

ALL PHOTOS KAREN MACKENNA FOR TORSTAR NEWS SERVICE



There is art in nature on this beautiful isle.

Hornby is one of those places you want to tell everyone about and yet at the same time no one.

The Salish Sea island, often referred to as Hawaii of the north, has warm waters and sandy beaches that set it apart from neighbouring islands, with their rocky beaches and frigid ocean temperatures.

Someone once said that Hornby floated up from further south a millennia ago.

This may just be island lore but Hornby does seem to have a geography all its own.

It takes three ferries and the better part of a day to get there from Vancouver, which is fitting because the journey to Hornby is more like a pilgrimage to a sacred place.

Once your feet touch the ground or your car rolls off the boat, you are on Hornby time.

The air is a fragrant cocktail of salt, wild rose and blackberry. Not far from the ferry docks you will come across the Cardboard House Bakery, an island landmark. It is a tradition in some families to stop here at the beginning of each holiday for a frangipane tart or some other delicious treat and sit with them in the bakery's apple orchard. Take a moment here to ponder which beach you might visit on day one. Such are the tough decisions one must make on Hornby.

Each beach has its own unique offering. Tribune Bay draws the most tourists with its dramatic cliffs, white sand and tropical vibe, but Pebble Beach and Whaling Station Bay —where the tide deposits new bounty each day, littering the ocean floor with sand dollars one day and spider crabs the next — are also excellent choices.

At low tide there are games of bocce and skim boarders surfing the shallow pools. At high tide, families wade into the bathwater while children race to save their drowning sandcastles.

These are the scenes of summer — island rituals embedded in the mind's eye.

Hornby may be the only place in the world where you can dive with six-gilled sharks, but you may prefer the relative safety of a leisurely sea kayak trip around the island.

Hug the shoreline and you will see thousands upon thousands of starfish clinging to the rocks.

It is an impossible sight only rivalled by a walk through old growth forest onto Helliwell Bluffs. Here the grass is so yellow and the sky and sea so blue that it feels as if you have stepped into an Edward Hopper painting.

At the end of Whaling Station Bay there is a thatched roof cottage. It is a beautiful piece of architecture that blends seamlessly into the tall grass. A modest jewel, like the island itself.

TORSTAR NEWS SERVICE

metro SPORT

Patrick Marleau and Joe Thornton had played a combined 2,778 games without making a Stanley Cup final before their series win over St. Louis

Lightning Rust away

NHL PLAYOFFS

Pens advance to Cup final after winger's pair of goals

Bryan Rust scored a pair of second-period goals and Matt Murray stopped 16 shots to lift the Pittsburgh Penguins to a 2-1 victory over the Tampa Bay Lightning in Game 7 of the Eastern Conference final on Thursday night to send the franchise to the Stanley Cup final for the first time since 2009.

Pittsburgh will host Western Conference champion San Jose in Game 1 of the final Monday night.

Jonathan Drouin scored his fifth goal of the playoffs for the Lightning and Andrei Vasilevskiy made 37 saves, but it wasn't enough to send Tampa Bay back to the Cup final for a second straight year.

Lightning captain Steven Stamkos had two shots in his return from a two-month layoff while dealing with a blood clot.

The Penguins avoided elimination with a borderline dominant 5-2 victory in Game 6 that provided a snapshot of the formula that fuelled their rise through the Eastern Conference standings shortly after coach Mike Sullivan's arrival in mid-December.

Sullivan calls it "playing the right way," a way abetted by the influx of speed brought in by general manager Jim Rutherford. That group includes Rust, who forced his way onto the roster thanks to feverish skating and a relentlessness that belies his non-descript five-foot-11 frame.

That effort — or "desperation level" as captain Sidney Crosby calls it — provided the Penguins with the boost they needed to overcome a bit of unfortunate history and the return of Stamkos. Pittsburgh had dropped five straight Game 7s at home, including a 1-0 loss to Tampa Bay in 2011 in a series in which both Crosby and Evgeni Malkin missed due to injury.

That loss had become symbolic of the franchise's postseason shortcomings following that gritty run to the Cup in 2009 that culminated with a Game 7 win in Detroit that was supposed to be the launching pad of a dynasty.

Seven long years later, with an entirely new cast around mainstays Crosby, Malkin, Kris Letang, Chris Kunitz and Marc-Andre Fleury, the Penguins are finally heading back.

THE ASSOCIATED PRESS

The Penguins' Bryan Rust celebrates one of his two goals against the Lightning on Thursday night in Pittsburgh.

JUSTIN K. ALLER/GETTY IMAGES

GAME 7 In Pittsburgh

2	1

NBA PLAYOFFS

Life still left in Warriors

Stephen Curry scored 31 points, raising his arms in the early moments to awaken Golden State's raucous crowd, and the defending champion Warriors staved off elimination with a 120-111 victory over the Oklahoma City Thunder on Thursday night in Game 5 of the Western Conference final.

The MVP made a snazzy layup late and dished out six assists, while Klay Thompson added 27 points as Golden State sent the best the best-of-seven series back to Oklahoma City for Game 6 on Saturday night. Golden State trails 3-2 and is trying to become just the 10th team to rally from a 3-1 deficit.

"We're not going home!" Curry yelled at the top of his lungs in the waning moments.

Kevin Durant scored 40 points and Russell Westbrook added 31 points, eight assists, seven rebounds and five steals for the Thunder, trying for the fifth NBA Finals appearance in franchise history and chasing just their second championship.

THE ASSOCIATED PRESS

GAME 5 In Oakland

120	111

FRENCH OPEN

Bouchard ousted in second round

Eugenie Bouchard made an early exit from the French Open for the second straight year on Thursday, dropping a 6-4, 6-4 decision to Timea Bacsinszky in second-round play at the Grand Slam event.

Bouchard, from Westmount, Que., made the semifinals at Roland Garros in 2014 but lost in the first round last year.

On Thursday, she jumped out to a 4-1 lead before dropping 10 games in a row.

THE CANADIAN PRESS

Eugenie Bouchard GETTY IMAGES

IN BRIEF

Dynamo split with coach

Owen Coyle is out as coach of the Houston Dynamo.

The Major League Soccer team said Wednesday that it parted ways with Coyle by mutual agreement.

Assistant coaches Wade Barrett, Paul Caffrey and Paul Rogers will oversee the team Saturday in Houston's game against the Whitecaps in Vancouver.

Houston was eighth in the Western Conference last year at 11-14-9 and is last this season at 3-7-2.

THE ASSOCIATED PRESS

Source: Rockets bring on D'Antoni with 4-year deal

Mike D'Antoni is headed to Houston to try his "Seven Seconds or Less" offence with James Harden, one of the NBA's most explosive offensive threats.

D'Antoni reached an agreement with the Rockets on a four-year deal on Thursday, a person with knowledge of the situation told The Associated Press.

D'Antoni previously led the Phoenix Suns to two Western Conference finals in five seasons. THE ASSOCIATED PRESS

NBA PLAYOFFS

Raptors downplay late-night activity

The Toronto Raptors are playing down a late-night visit to a Cleveland casino by two players on the eve of a blowout loss, saying NBA players have a different schedule than most.

DeMarre Carroll and Cory Joseph were seen in a casino near their hotel just before 2 a.m. Wednesday. Later that day, the Raptors were hammered 116-78 by the Cavaliers in Game 5 of the Eastern Conference final.

Raptors coach Dwane Casey says the two players are adults, weren't drinking and broke no laws.

He says his concern was not the players' late-night walkabout but "getting our butt kicked."

As for the two players in question, they say the story was overblown.

Joseph says he still got plenty of sleep ahead of the game. Carroll says the reporter who wrote the story was "fishing a little bit."

THE CANADIAN PRESS

CHAMPIONS LEAGUE

Zidane in heady territory

Zinedine Zidane couldn't have asked for much more after only five months as Real Madrid's head coach. The former France great has a chance to end the season celebrating the Champions League title, just like he did 14 years ago as a player for the Spanish powerhouse.

Victory on Saturday against Atletico Madrid would cap a superb start to Zidane's head-coaching career, joining Miguel Munoz, Giovanni Trapattoni, Johan Cruyff, Carlo Ancelotti, Frank Rijkaard and Pep Guardiola as the only men to have won the European tournament both as a coach and a player.

Zidane would also become one of the few coaches to win European soccer's most important club competition in his first job as a head coach, along with seven other men, including Guus Hiddink, Vicente del Bosque and Guardiola.

Zidane scored with a remarkable left-foot volley on the edge of the area to give Madrid its ninth title in the 2002 final against Bayer Leverkusen. He also won the tournament as an assistant coach to Ancelotti two years ago — against Atletico.

THE ASSOCIATED PRESS

"I'm lucky to be here and share these moments with the players and fans. I'm very happy."

Zinedine Zidane

metro Service Directory To advertise call 604.602.1002

EMPLOYMENT

iMARKETING

CALL CENTRE SALES AGENTS NEEDED

NOW HIRING

EXPERIENCED SALES STAFF

- Earn up to $700+ a week with guaranteed hourly wage + daily and weekly performance bonuses.
- Flexi schedule for top performers
- Paid every Friday
- Attached to SkyTrain Station
- Advancement opportunities
- Full time and Part time available
- Seniors and Students welcome

FLUENT ENGLISH IS A MUST!
Contact Chris Flores at 1-800-210-8579 ext 383
Email: christian.flores@imkgp.com

CONCORD SECURITY

we do more

HIRING FAIR

Due to the continued growth and demand of our services, we are currently hiring for a number of positions. You've got the initiative and enthusiasm. We've got flexible schedules, benefits and jobs that can turn into satisfying careers!

WHERE: 925-4710 Kingsway Metrotower 1, Burnaby
WHEN: Thursday June 2nd, 2016
TIME: 9:00am until 4:00pm

Please bring an updated copy of your resume and your security license

Concord Security Corporation provides security services to high profile Shopping Centres, University Campuses and high rise buildings.

ANNOUNCEMENT

I, **S. KAZIMA BATOOL** daughter of SYED RIAZ AKBAR, holder of Indian passport No G5895942 issued at MOMBASA, KENYA on 28/11/2007, permanent resident of PO & VILL JHAL CHITORA, MUZAFFARNAGAR DISTT UTTAR PRADESH - 251314 and currently residing at I52-10341 127B STREET SURREY, BC, CANADA, hereby change my name from "S KAZIMA BATOOL" to "KAZIMA BATOOL AKBAR" with immediate effect.

I, **SYEDA FIZZA BATOOL** daughter of SYED RIAZ AKBAR, holder of Indian passport No F3742973, issued at MOMBASA, KENYA on 18/01/2007, permanent resident of JHAL CHITORA, DIST: MUZAFFAR NAGAR (U.P) 251314 and currently residing at I52-10341 127B STREET SURREY, BC, CANADA, hereby change my name from "SYEDA FIZZA BATOOL" to "SYEDA FIZZA BATOOL AKBAR" with immediate effect.

FINANCIAL

credit700.ca

$750 Loan and more

No credit check

Open 7 days from 8 to 8 (EST)

Call us or apply online

1-855-527-4368
www.credit700.ca

WORK & EDUCATION

S.U.C.C.E.S.S. FCR

www.successbc.ca/FCRloan

Helping Internationally Trained Professionals

FCR Loan Project offers:

- Professional guidance for regulated & non-regulated professions
- Loan(s) for credential recognition from $1,500 to $15,000
- 6 months interest-free grace period
- Competitive low-interest rate!

Phone 604.232.1100 Email FCRloaninfo@success.bc.ca

Funded in part by the Government of Canada | Canada

DRIVERS EDUCATION

TigerDrivingSchool.ca / 604-781-7504

CALL 604.602.1002
FOR MORE INFORMATION

HEALTH AND WELLNESS

ASTROLOGER & PSYCHIC READER

PALM READER & FORTUNE TELLER

Pandit: Ram Chandraji

Expert in Palm and Face Reading, Horoscope, Numerology & Vastu Shastra

I CAN TELL YOUR PAST, PRESENT & FUTURE

Marriage * Husband-Wife Problems * Job * Relationship * Kids Problems
Business * Spiritual Evil Effects * Enemy * Court * Property * Family etc.

SPECIALIST IN: BRINGING LOVED ONES BACK

100% Guarantee

IF YOU HAVE PROBLEMS, I HAVE 100% GUARANTEED SOLUTIONS Open 7 Days a Week

Removes Black Magic, Jadoo, Voodoo, Buttu, Witch Craft & Gives 100% Protection

604-512-1345
6049 FRASER STREET, VANCOUVER BC V5W 2Z8
84 AVE. & 122 STREET, SURREY BC V3W 3S8

INDIAN ASTROLOGER & PSYCHIC

PANDITH RAMDEV

PALM *READING * FACE READING * HOROSCOPE

REMOVES BLACK MAGIC, HADOOP, VISIO, OBEYAH EVIL SPIRITS & PROVIDES 100% PROTECTION

EXPERT IN BRINGING BACK LOVED ONES...

SOLVES PROBLEM IN BUSINESS, LOVE, MARRIAGE, JOB MONEY, CHILDREN MISTAKES, HUSBAND & WIFE MATTERS RELATIONSHIP, WEALTH, SICKNESS, DEPRESSION, COURT MATTERS, JEALOUSY, PERSONAL MATTERS

NOBODY CAN BREAK MY WORK

Life long protection

IF YOU HAVE PROBLEMS, I HAVE SOLUTIONS

604-369-8051 Timing 10am - 8pm
12187 75 Ave, Surrey, BC

SPIRITUALIST & PSYCHIC

Pandit: JAGADISH

100% GUARANTEE • ALL RELIGIONS WELCOMED

HE CAN HANDLE ANY PROBLEM

IF YOU ARE DISAPPOINTED OTHER FROM OTHER PSYCHICS & PANDITS, THEN MEET ME, GET PERMANENT SOLUTIONS

LOVE, MARRIAGE, BUSINESS, JOB, EDUCATION, FINANCIAL, SUCCESS, HEALTH, COURT CASE, DIVORCE, CHILDREN MISTAKE

REMOVES BLACK MAGIC & GIVES 100% PROTECTION

604.377.7295 | 11875 – 82 AVE, DELTA NEAR SUPERSTORE

RECIPE The ALT Sandwich

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We bet you won't miss the meat in this healthy twist on the classic BLT using creamy avocado mixed with the sweetness of fresh basil. We like the sound of those odds.

Ready in
Prep time: 5 minutes
Cook time: 10 minutes

Ingredients
- 1 tomato
- 1 tsp olive oil
- Sea salt
- 1/2 avocado, pitted and mashed
- 1 tsp lemon juice
- 4 basil leaves, torn
- 4 pieces of multi-grain bread, toasted
- 1/2 head of Boston bibb lettuce

Directions

1. Cut tomato and place on a plate. Coat with olive oil and sprinkle with sea salt. Let stand.

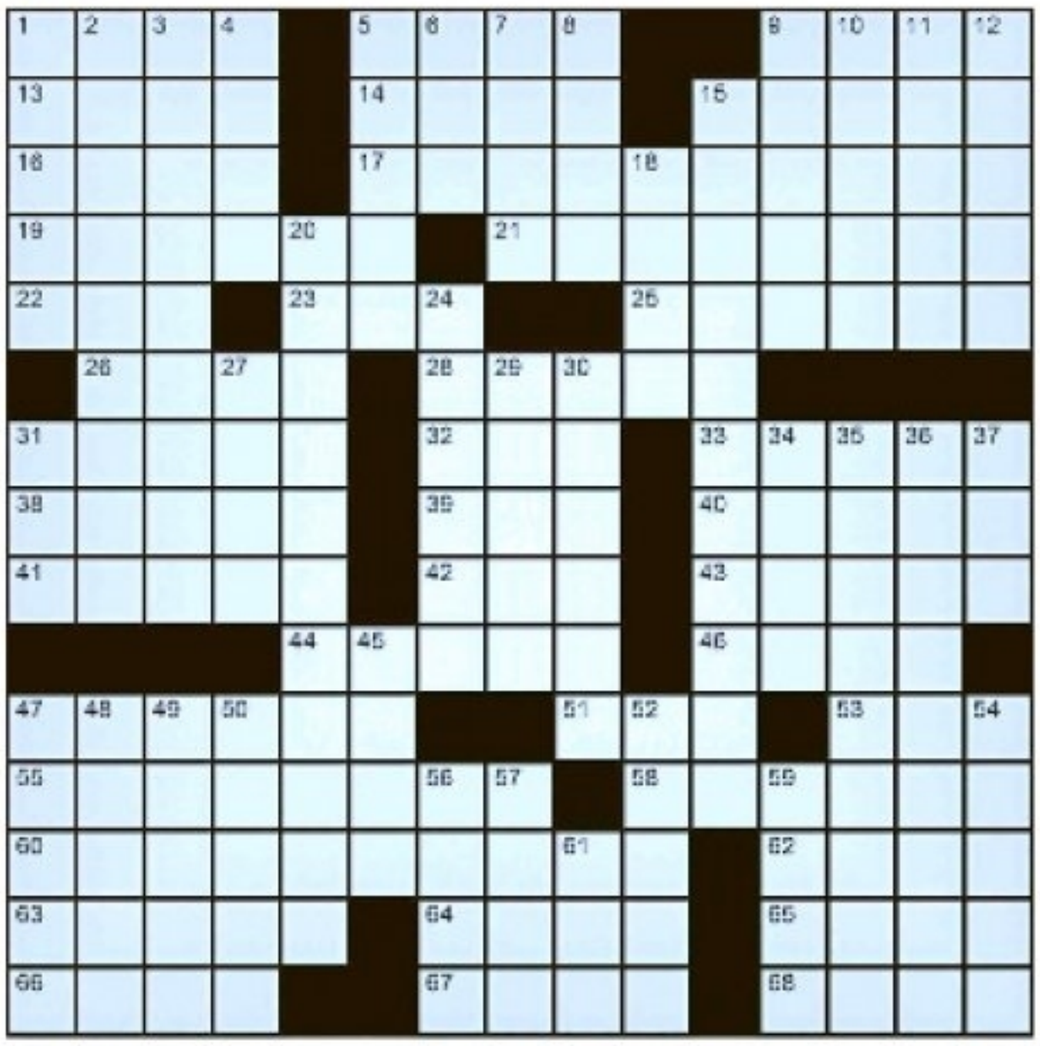
2. Meanwhile, mash avocado in a medium bowl and then add lemon juice and torn basil. Mix until smooth.

3. Toast bread and then smear about a tablespoon and a half of the avocado spread onto the bread. Finish by adding tomato slices and a few pieces of lettuce. Cut in half or in quarters and serve with some cucumber slices.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Health food 'heart'
5. Cruise
9. "__ the Faith" by Bon Jovi
13. Computer company
14. _.._ __ Canadian (Common currency conversion)
15. Spanish composer, Manuel de __ (b.1876 - d.1946)
16. Auditioned- for dream
17. City in Quebec
19. L-thru-S sequence
21. University in Ottawa
22. Roll of grass
23. Turnaround, slangily
25. Most cunning
26. Micro
28. Standoffish
31. Plains roamer
32. What Paul Simon's Roy needn't be
33. Seasoned yogurt dip of India
38. Empire of Mexico
39. G'days
40. "Back in the __ days..."
41. Dishevelled
42. AC/DC's explosive tune
43. Sans stopping...: 2 wds.
44. Actor Mr. Metcalfe
46. Two __ (Twenty dollar bill equivalent)
47. Martin Short comedy, "Three __!" (1986)
51. Rug of Scandinavia
53. Young sheep
55. Summery drink
58. Like a growing-in-the-high-mountains flower
60. James McAvoy's role in "X-Men: Apocalypse" (2016): word + letter
62. Card deck symbols
63. Game cube guy Mr. Rubik's
64. 'Moon'-meaning prefix
65. Go through
66. Big Apple denizen
67. Stuck-here computer keyboard key
68. Likewise

DOWN
1. Damages
2. Follow a budget
3. Singers and songwriters
4. Get ready
5. Sugar, in Sherbrooke
6. Wynonna's actress sis
7. Medical suffix
8. "Livin' La Vida __" by Ricky Martin
9. Ms. Sagal of "Married... with Children"
10. A-List
11. "St. __ Fire" (1985)
12. Emulate Emily Carr
15. Toronto-born comedian Samantha Bee's late night talk show, airing on The Comedy Network: 2 wds.
18. Roughly: 2 wds.
20. Composer of "Soul Bossa Nova" which was used as the theme music on classic Canadian game show "Definition": 2 wds.
24. Billionaire's fleet
27. Variantly-spelled refusals
29. Meat cuts
30. Prairie __, Canadian country band
31. Chef Emeril Lagasse's sound!
34. "Wake Me Up" singer Mr. Blacc
35. __ twins
36. Stress/anxiety
37. Moreover
45. Those, in Spain
47. Pertaining to Swiss peaks
48. Lighthearted/ joyous
49. "...and God I know __ __." (Bit of "House of the Rising Sun")
50. "__ __ Soda" by Kim Mitchell
52. Math Class: Vertical graph line, _._
54. Painter's artwork base
56. Fast web connections
57. 'Right' suffix
59. Dad
61. Medical pros

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Listen to advice from someone older today. Why not stand on the shoulders of those who have gone before you?

Taurus April 21 - May 21
Others might notice that you have done your homework. You are well-prepared, especially when it comes to discussions about shared property, inheritances and such.

Gemini May 22 - June 21
It's easy to study today. Likewise, it's relatively easy to fill out legal forms and do work that you might otherwise find daunting. (You're in the groove!)

Cancer June 22 - July 23
Discussions about shared property will go well today because you know what needs to be done and what needs to be said. You will come up with the resources to please a boss or someone experienced at work.

Leo July 24 - Aug. 23
Be prepared to go more than halfway when dealing with others today, because the Moon is opposite your sign. People want to have serious discussions.

Virgo Aug. 24 - Sept. 23
It will please you to keep things practical and orderly today. You want a place for everything and everything in its place. (No floaters, please.)

Libra Sept. 24 - Oct. 23
You might have increased responsibilities with children today; however, you won't mind. In fact, you will fully accept the duties and obligations involved.

Scorpio Oct. 24 - Nov. 22
A discussion with a parent or an older family member will be productive today. The key is to show respect and look like you're listening, even if you aren't.

Sagittarius Nov. 23 - Dec. 21
You will handle details and routine work superbly today, because you are mentally psyched for it. Let's face it — it's gotta be done. (And you know it's that simple.)

Capricorn Dec. 22 - Jan. 20
You want to tie up loose details about financial matters today, because you are in a practical, sensible frame of mind.

Aquarius Jan. 21 - Feb. 19
Today the Moon is in your sign, dancing with Saturn. This means you will do whatever is necessary to get the job done because your own comforts will be of less importance.

Pisces
Feb. 20 - March 20
Research of any kind will go well today, because you have focus, concentration and the energy to follow through. Get as much done as possible.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1		7	5		6	3	
3					9			7
8								
	5							2
7				3				9
1							4	
								5
6			5					1
	4	2		7	6		9	

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better. metronews.ca/panel

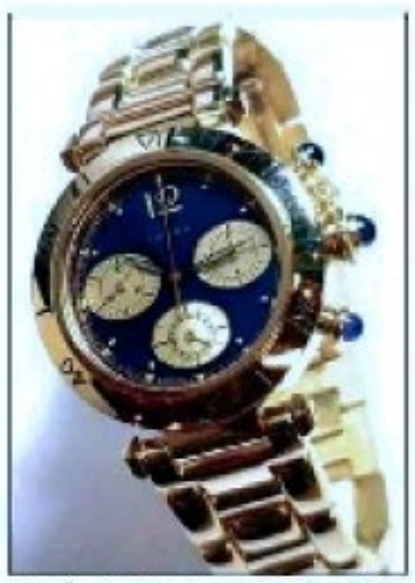
EXCEPTIONAL JEWELLERY SALE

50-70% Below Retail Price from April 24th to May 1st

Rare opportunity. We recently purchased a huge estate of name-brand and designer jewellery.

18kt white gold dangling style earrings $1,899.00

18kt white gold 4.83 ctw diamond studs earrings $41,000.00



Mens' Cartier Tank Chronograph, original 18kt yellow gold case and bracelet $28,000.00

18kt white gold diamond bangle $10,995.00

18kt white gold diamond bracelet $4,000.00

18kt yellow gold dinner ring $2,315.00

18kt white gold Piaget necklace $3,299.00

18kt white gold diamond necklace $5,999.00

18kt white gold 2.95 ctw diamond ring $10,000.00

18kt yellow gold necklace designed with brushed beads $3,299.00

14kt white gold 2.76 ctw diamond pendant $17,999.00

Mens' Rolex Oyster Perpetual Datejust, original stainless steel case and oyster bracelet $8,600.00

18kt yellow gold dangling style earrings $1,339.00

Platinum 950 diamond hoop earrings $5,295.00

Mothers' Day is May 8th. Hurry in for the best selection!

This event is at our Metrotown location only. Store Hours 10:00 am to 6:30 pm

Estate appraisers and buyers. Knowledgeable and certified gemmologists and appraisers. We are always buying jewellery, quality gemstones, high-end watches, coins, gold and silver bullion, and modern and old banknotes. Show us what you have for a free, no-obligation verbal offer.

Save money every day only at J&M! Shop online for more jewellery at iorio.com or jandm.com. Contact us at jandm@jandm.com.

J&M Coin & Jewellery Ltd.

127 E. Broadway, Vancouver, BC V5T 1W1 604-876-7181

348 - 4800 Kingsway, Burnaby, BC V5H 4J2 604-439-0753

FREE PARKING underneath our Vancouver store, entrance off 8th Avenue

Since 1967

BBB ACCREDITED BUSINESS

Disney
ALICE THROUGH THE LOOKING GLASS
NOW PLAYING
IN 3D, REALD 3D AND IMAX 3D
PG Violence
FOR THEATRES AND SHOWTIMES: CHECK LOCAL LISTINGS
FOLLOW US ON @DISNEYSTUDIOSCANADA @DISNEYSTUDIOSCA